

2016



**Madison County  
Community  
Resource Guide**



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# RESOURCE GUIDE

## *A Community Resource from Madison Non-Profit Council*

Madison County Resource Guide is published annually and distributed at various locations through out Madison County. We try to ensure that all information published is accurate, the Madison Non-Profit Council cannot be held responsible for any mistakes or omissions.

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## **RIDE THE FOOTHILLS EXPRESS**

The Foothills Express is a handicapped accessible shuttle bus that connects Culpeper and Madison to Charlottesville three times a day every Tuesday and Thursday. Bus stop locations are at Culpeper Hospital Emergency Room Entrance, Madison McDonalds and the Madison Food Lion. You choose where you want to go in Charlottesville. Fares are \$3 one way or \$5 round trip and exact change is required. Children under age six and medical escorts ride FREE.

Reservations required at least 24 hours in advance. To reserve your seat call **1-800-365-2868**. For more information visit [www.fams.org](http://www.fams.org) or contact the FAMS One-Call/Click Transportation Center at 540-829-5300.

## **RIDE TODAY!**

***Your Culpeper-Madison-Charlottesville Connector***

## EMERGENCY SERVICES

**Emergency Calls .....9-1-1**

### **Madison Co. Vol. Fire Co., Inc.**

P.O. Box 255  
1223 North Main St.  
Madison, VA 22727  
**Station:** 540-948-6660  
**Fax:** 540-948-7194  
Chief: Troy Coppage

### **Madison County Emergency Medical Services**

1449 N. Main St.  
Madison, Virginia 22727  
**Phone:** (540) 948-4813  
**Fax:** (540) 948-4821  
Director: Lewis Jenkins

### **Madison County Sheriff's Department**

107 Church Street  
PO Box 70  
Madison, VA 22727  
Telephone: (540) 948-5161

### **State Police Area 15 Office (Counties of Culpeper, Madison and Orange)**

Culpeper: 15139 State Police Road; 3 miles north of Culpeper, east of Route 29 and 15 on Route 342  
Mailing Address:  
15139 State Police Road  
Culpeper, Virginia 22701  
Non Emergency Telephone: 540-829-7415

## *Helplines and Hotlines*

<b>AIDS/HIV Helpline</b>	<b>800-533-4148</b>
<b>Adult Protection Network</b>	<b>540-422-8400</b>
<b>Alcohol Abuse</b>	<b>800-835-6130</b>
<b>Cancer Information Center</b>	<b>800-237-1225</b>
<b>Center for Disease Control</b>	<b>800-232-4636</b>
<b>Child Abuse and Neglect</b>	<b>800-552-7096</b>
<b>Cocaine Helpline</b>	<b>800-662-HELP</b>
<b>Mental Health (NAMI)</b>	<b>800-950-6264</b>
<b>Narcotics Anonymous</b>	<b>800-777-1515</b>
<b>National Hope Line Network</b>	<b>800-784-2433</b>
<b>National Missing &amp; Exploited Children</b>	<b>800-843-5678</b>
<b>National Runaway Hotline</b>	<b>800-786-2929</b>
<b>Poison Control Center</b>	<b>800-222-1222</b>
<b>Services to Abused Families (SAFE)</b>	<b>800-825-8876</b>
<b>Substance Abuse Hotline</b>	<b>800-662-HELP</b>
<b>Virginia State Police</b>	<b>800-572-2260</b>
<b>Youth Crisis Hotline</b>	<b>800-448-4663</b>



## **AGING AND SENIOR SERVICES**

For more information, see also Dementia and Care Giving, DSS, Hospice and In-Home Care, Housing and RRCS.

### **AARP**

866-542-8164

#### **Culpeper Chapter**

Reformation Lutheran Church  
509 S. Main Street, Culpeper, VA 22701  
Meets 1st Monday at 1:00pm

#### **Orange Chapter**

Trinity United Methodist Church  
143 W. Main Street, Orange, VA 22960  
Meets 2nd Monday at 1:00pm

AARP is a nonprofit, nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing quality of life for all as we age. We lead positive social change and deliver value to members through information, advocacy and service. [www.aarp.org](http://www.aarp.org)

#### **Agape Counseling and Therapeutic Services, Inc.**

540-825-2374  
897 Hendrick Street, Culpeper, VA 22701

Agape provides support for adults who are mentally challenged in the areas of social and self-help skills, occupational needs and independent living skills. Support specialists provide functional training, medication management, socialization skills, and other health needs. [www.agapecounselingva.com](http://www.agapecounselingva.com)

#### **Adult Services at DSS**

540-948-5521 Fax: 540-948-3762  
Madison County Department of Social Services  
101 S. Main Street, Madison, VA 22727

The Adult Services Program assists elderly individuals (60 and above) or other adults who have a disability (18 to 59) and need services or support to enhance self-sufficiency and improve their quality of life. Services offered through Madison County DSS may include: home-based services (companion, chore & homemaker services); Adult foster care; assessments for adults entering or residing in assisted living facilities; Screenings for adults entering nursing facilities who need Medicaid-funded home and community-based waivers. These services are designed to help adults remain as independent as possible, preferably in their own home. The goal is to strengthen appropriate family and social supports and reduce the need for institutional placement.

#### **Adult Protective Services at DSS**

540-948-5521 Fax: 540-948-3762  
Madison County Department of Social Services  
101 S. Main Street, Madison, VA 22727

APS investigates reports of abuse, neglect and exploitation of adults 60 years of age or older and incapacitated adults age 18 or older to stop the mistreatment or prevent further mistreatment. Services offered may include home-based care, transportation, adult day services, and adult foster care in order to protect the adult. Services may also be arranged for individuals in emergency situations who lack the capacity to consent to services. To report suspected adult abuse, neglect or exploitation, call your local department of social services or the Virginia Department of Social Services' 24-hour, toll-free Adult Protective Services hotline at: 888- 832-3858

#### **Aging Together**

540-829-6405  
PO Box 367, Culpeper, VA 22701

Aging Together is a partnership of organizations and individuals working together to expand and enhance services to assure quality of life for seniors now and in the future. Aging Together's initiatives include building caregiver supports, volunteer transportation, health and wellness programs, elder abuse prevention, and access to services and information. [www.agingtogether.org](http://www.agingtogether.org)

#### **BEV, LLC**

540-547-4824

BEV, LLC is owned and operated by Bonnie Enyart Vermillion. Bonnie offers classes and trainings to instructors to teach the exercise program Healthy-Steps, Moving you to better health with the Lebed Method. See [www.gohealthysteps.com](http://www.gohealthysteps.com) for further information on this therapeutic exercise program that improves the immune system that can be done by almost anyone regardless of present physical ability. The exercises can be done seated, standing or in the water. [www.gohealthysteps.com](http://www.gohealthysteps.com)

#### **Home Marketing Services for Seniors**

703-476-2260  
12020 Sunrise Valley Dr., Suite 100, Reston, VA 20191

Home Marketing Services for Seniors (HMSS) advises on downsizing, de-cluttering and properly preparing the home for sale. An HMSS consultant works with each client before engagement of a realtor to ensure a stress-free and on-time move to their chosen retirement communities. HMSS services are at no cost to seniors who are preparing to sell their homes. [www.hmss-usa.com](http://www.hmss-usa.com)

**Rappahannock Rapidan Community Services -  
Protective Money Management Program**

540-825-3100

For seniors having difficulty managing their financial affairs, this program trains and supervises volunteers who help clients establish budgets, pay bills and ensure their financial stability. Free of charge to low income seniors in Fauquier, Culpeper, Rappahannock, Orange and Madison counties.

**Rappahannock Rapidan Community Services –  
Senior Nutrition Center**

540-948-4131

1480 N. Main Street, Madison, VA 22727

Monday – Thursday 10am-2pm Nutritious meals along with educational and social activities are provided for eligible seniors age 60 and over at five Senior Centers (one in each of the counties we serve), helping participants to remain in their homes and preventing or postponing nursing home placements. Door-to-door transportation service is available on a limited basis.

Nutritious Home Delivered Meals are delivered to eligible senior citizens age 60 and over within the five counties we serve, helping them to remain in their homes and preventing or postponing nursing home placements.

**Rappahannock Rapidan Community Services –  
Senior Services**

540-825-3100, ext. 3471

**Aging Case Management**

Support Coordinators provide information, assistance and care coordination services (Aging Case Management) to persons age 60 and over, targeting especially those who are frail or have disabilities or are at risk of institutional placement.

**Adult Day Care**

The Adult Day Care program in Warrenton provides daytime services for frail adults. Participants must be frail, have disabilities, or be at risk for institutional placement (e.g., nursing home), as defined by the Virginia Department for the Aging (VDA) and/or Medicaid (DMAS) standards.

**Senior Navigator**

[www.seniornavigator.com](http://www.seniornavigator.com)

Source for Information and Access to Community Programs and Services for Virginia Seniors and Caregivers.

**Transition Services-Overwhelmed How Can I Help,  
LLC**

703-508-3056

Specializing in senior moves. Are you or a loved one going through a transition? Are you in need of downsizing, liquidating an estate, decluttering and/or moving? Asking yourself where are the valuables and what is valuable. As much or as little as you need done within your time frame. We know its persona; I've been through it firsthand. We care. Free in home consultation. Serving Fauquier and surrounding counties.

[www.OverwhelmedHowCaniHelp.com](http://www.OverwhelmedHowCaniHelp.com)

**TRIAD**

540-948-7522

Madison County Triad volunteers, law enforcement agencies and senior organization leaders have created this coalition to simplify the protection of seniors from crime through education and to improve their quality of life.

**Senior Housing**

See separate Housing: Senior section.

**CARE GIVER RESOURCES &  
SUPPORT**

See also separate sections: Aging and Senior Services, Hospice and In-Home Health, RRCS, DSS.

**Adult Services at DSS**

540-948-5521 Fax: 540-948-3762

101 S. Main Street, Madison, VA 22727

The Adult Services Program assists elderly individuals (60 and above) or other adults who have an impairment (18 to 59) and needs services or support to enhance self-sufficiency and improve their quality of life. See separate DSS section for more details. The department also investigates reports of suspected abuse or neglect of adults with disabilities. See Adult Protective Services in the department listing. To report suspected abuse or neglect of a vulnerable adult (aged or with disabilities), call 1-888-832-3858 any time or the office 540-948-5521 during office hours.

**Alzheimer's Association National Capital Area  
Chapter**

703-359-4440 24/7

3700 Pender Drive, Suite 400, Fairfax, VA 22030

The Alzheimer's Association is the world's leading voluntary health organization in Alzheimer's care, support and research. We provide help and hope to people with dementia, their families and caregivers. Information and support are available round the clock

through our 24/7 Helpline 800-272-3900 and website with online resources and tools. Support groups meet throughout the region, and education workshops are available both in the community and online. We also offer safety services, training and resources for healthcare professionals, and a clinical trials matching service. [www.alz.org/nca](http://www.alz.org/nca)

### **Families – UVA Department of Neurology** 434-982-4004

Families is a federally funded research program that provides counseling, support and access to resources for caregivers of persons with memory impairment and loss over several months.

### **In-Home Health Agencies**

See separate In-Home Care section listing the many in-home health and personal care agencies serving Madison County.

### **Websites for Family Caregivers**

[www.agingtogether.org](http://www.agingtogether.org)  
[www.alz.org/nca](http://www.alz.org/nca)  
[www.caregiver.com](http://www.caregiver.com)  
[www.rosalynncarter.org](http://www.rosalynncarter.org)  
[www.seniornavigator.org](http://www.seniornavigator.org)  
[www.caregiverstress.com](http://www.caregiverstress.com)  
[www.medicare.gov](http://www.medicare.gov)

## **CHILD SERVICES**

### **CASA (Piedmont Court Appointed Special Advocates, Inc.)**

434-971-7515 FAX: 434-971-3060  
818 East High Street, Charlottesville, VA 22902

Piedmont Court Appointed Special Advocates (CASA), Inc. provides trained volunteers to advocate for the best interests of abused and neglected children, promoting and supporting safe, permanent and nurturing homes for child victims before the courts of the 16th Judicial District of Virginia. Piedmont CASA promotes awareness about child abuse and neglect through community education and outreach.

### **Healthy Families Madison**

540-738-4009  
404 N. Main Street, Madison, VA 22727

Provides expectant and new parents in Madison County with parenting education, support and links to community resources that best meet their family's needs.

### **KidsPeace**

800-727-4482  
7631 Hull Street Rd., 2nd Floor Chesterfield, VA 23235

Therapeutic Foster Care: Many children who enter KidsPeace Foster Care have endured intense trauma and are in need of counseling and/or medication in addition to safe, nurturing homes. It is not uncommon for children who have experienced or witnessed physical, emotional or psychological abuse to act out their emotions even after they are removed from dangerous situations. Our therapeutic foster care program trains qualified foster parents to understand and respond to these challenging behaviors so the youth can grow and thrive. We work closely with local departments of social services to ensure safety, well-being and permanency for our children. There is 24-hour on-call support, and placements can also be made around the clock.

Respite: Foster parenting is a tough job, and sometimes foster families need a break. Respite care, usually offered for a weekend, involves caring for a child when a foster family needs a break for illness or simply a time to regroup and consult with the treatment team. Some families start out providing respite care to determine if foster parenting is right for their household. Emergency care: KidsPeace offers emergency placements for children who have been removed from their homes and need a place to live for a few days or weeks. Occasionally, emergency placements turn into longer placements. Families willing to take children at any time of the day or night are very much appreciated.

### **Helpful Websites**

[www.ParentCentral.Net](http://www.ParentCentral.Net)  
[www.TeenCentral.Net](http://www.TeenCentral.Net)  
Madison Library Summer Reading Program  
540-948-4720

Annual program for children of all ages which encourages lifelong learning. Participants log the books they read, earn prizes and can attend weekly special events. Separate program also held for adult readers. The program is free thanks to the generous support of

## **Camps**

### **Belle Meade Day Camp**

540-987-9748  
353 F.T. Valley Road, Sperryville, VA 22740

Belle Meade Camp is located on our 138-acre farm with streams, meadows, forests, mountains, and a pond. In addition to the beautiful natural setting, camp facilities include a swimming pool, a pond, and a pavilion. A variety of activities both instructional and exploratory are part of each day: swimming



instruction, recreational swimming, excursions / nature hikes, pond activities, canoeing, archery, informal sports, writing, drawing, games, arts and crafts, stories and singing.

### **Camp Happy Land**

540-399-1197

21457 Happyland Drive, Richardsville, VA 22736

The Salvation Army Camp Happyland provides an opportunity for educational, emotional, spiritual and physical enrichment in a fun, safe, faith based environment.

### **Camp Holiday Trails**

434-977-3781 FAX: 434-977-8814

400 Holiday Trails Lane, Charlottesville, VA 22903

Camp Holiday Trails is a caring community committed to empowering, encouraging and educating Campers with chronic illnesses, their families and healthcare professionals.

### **Camp Kesem**

PO Box 4321

### **Camp Shenandoah Springs**

540-923-4300 Fax: 540-923-4109

470 Stagecoach Lane, Madison, VA 22727

AGES 9-15 YRS. Campers will experience the exciting and refreshing beauty of being out of doors, learning survival, and team-building skills. The enchantment of the forest and discovery of new things in God's great world will enhance every phase of the camper's life. "Out-trips" will include hiking the Appalachian Trail, sleeping under the stars, canoeing on the majestic Shenandoah-Rappahannock-Robinson, skiing at Lake Anna, worship and Bible study in camp and on the trail along with other options

### **Journeys Camp**

Hospice of the Piedmont  
434-817-6900

The Journeys Fall Family Day Camp is for children/teens (ages 5+) and family members who have been affected by the death of a loved one. Families will participate in physical activities and creative expression which will encourage bonding and communication, while memorializing their loved ones. Activities will include scrapbooking, canoeing, fishing, grief education, lunch, snacks, a meaningful closing ceremony, and more! Families will find that they are not alone and their grief feelings are normal.

### **Lego Camp**

Madison Parks & Recreation  
540-308-1247

This 5-day camp will introduce kids to beginning building skills, as well as challenge more skilled

builders. LEGOs help improve creativity, communication and collaboration. LEGO Camp will benefit students by developing fine-motor skills and social-emotional skills, such as patience and cooperation. Individual and team challenges will allow students to enhance problem solving and critical thinking skills in a fun environment.

### **Madison County 4-H Camp**

540-948-6881

600 4-H Center Drive, Front Royal, VA 22630

Madison youth have the opportunity to participate in several summer camping programs offered locally, through the Northern Virginia 4-H Center and other 4-H Centers across the state. Each June approximately 70 youth ages 9 - 13 load the buses and travel to Front Royal for five days of 4-H Junior camp fun! While at camp youth participate in fun classes, have time for swim and recreation and enjoy nightly campfire. Besides Junior camp local youth have the opportunity to participate in other specialty camps offered by the NOVA 4-H center including: Outdoor adventure camps, Horse camp, Cloverbud camp and more. Madison also hosts a regional Stockman's camp for those youth interested in the livestock industry and livestock judging. Each summer approximately 20 teens participate in a 4 month in-depth leadership program which trains them to serve as teen counselors for the camping program.

### **Madison County Parks & Rec – Summer Camps**

540-308-1247

Madison County Parks & Rec offers a variety of summer camps for youth ages 4 – 11. Camps include sports, cheerleading, recycling, soccer and STEM (Science, Technology, Engineering and Math).

### **Rapidan Baptist Camp**

540-672-0426 Fax: 540-672-7572

559 Baptist Camp Drive, Rochelle, VA 22738

Rapidan Baptist Camp is a fun filled Christian camp that delivers the message of Christ in a fun way and helps build relationships that will last a lifetime. Offering camps for ages 5 – 17.

### **Trout Unlimited Conservation Fishing Camp**

540-229-0563

Graves Mountain Lodge Syria, VA

Students enjoy an exciting week of hands-on action packed fun in our mountain stream environment that will help you become a skilled angler and an experienced conservationist. Open to students in 8th, 9th, 10th, or 11th grade now, or will be 13 years old by the first day of camp.

## **Car Seats/Booster Seats**

### **Madison County Health Department**

540-948-5481 FAX: 540-948-3841

410 North Main Street, Madison, VA 22727

## **Child Care**

### **Boys and Girls Club**

540-547-1294

1809 North Main Street, Madison, VA 22727

Offers after-school and summer programming for students in grades 3 – 8.

### **Madison Learning Center**

540-738-2617 FAX: 540-948-5180

634 S. Main Street, Madison, VA 22727

Provides care for children ages 6 weeks and up. Before and after school care provided for children up to age 12. Provides a daily program consisting of age-appropriate activities that will satisfy each child's needs for nourishment and rest. Indoor and outdoor experiences include creative art, rhythm and music, books and games, climbing, riding and swinging. These experiences are designed to develop motor, social, language quantitative, music, art and craft skills. Offers programs for infant, toddlers, preschoolers; before/after school, unscheduled care, summer program, and under-the-weather care.

## **Child Support**

### **Division of Child Support Enforcement, Charlottesville District Office**

800-468-8894 Fax: 434-293-8001

2211 Hydraulic Rd., Ste. 200, Charlottesville, VA 22901

DCSE provides the following services; locate, establishment of Paternity, Child Support Orders, Medical Support Orders and Enforcement of Orders. DCSE also provides Family Engagement Programs. <http://childsupport.virginia.gov>

## **Social/Sports Groups**

### **4-H Clubs/Virginia Cooperative Extension**

540-948-6881

2 So. Main St, War Memorial Bldg., 2nd Fl., Madison, VA 22727

### **Boy Scouts of America, Stonewall Jackson Area Council**

540-943-6675 Fax: 540-943-6676

801 Hopeman Pkwy Waynesboro, VA 22980

### **Boy Scout Troop #45**

540-948-4118 or 540-317-3233

Provides a comprehensive youth program that emphasizes personal growth and service to others in the context of a strong values-centered life.

Aggressively pursues an active, challenging and exciting outdoor program. Focus is on character, citizenship and fitness. Boys ages 10 ½ - 18.

### **Boys and Girls Club of Central VA**

540-407-1294

1809 North Main Street, Madison, VA 22727

After school and summer programming for students in grades 3 to 8.

### **Cub Scout Pack #45**

540-923-0405 or 540-317-3233

Provides a comprehensive youth program that emphasizes personal growth and service to others in the context of a strong values-centered life. Aggressively pursues an active, challenging and exciting outdoor program. Focus is on character, citizenship and fitness. Boys grades 2 – 5.

### **Girl Scouts of Virginia Skyline Council**

540-777-5100

Provides the research-based leadership development program for Girls K-12, to enable them to fulfill their potential and develop the skills needed for life-long success.

## **CLOTHING, FURNITURE & TELEPHONE**

### **Food and Clothing Related Websites**

[www.virginiafreecycle.org](http://www.virginiafreecycle.org)

[www.craigslist.com](http://www.craigslist.com)

### **MESA Thrift Shop**

540-948-4427

534 S. Main Street Madison, VA 22727

### **Culpeper Hospital Auxiliary Thrift Store**

540-825-7523

513 Meadowbrook Shopping Center Culpeper, VA 22701

### **Full Circle Thrift**

540-727-8716

12308 Sperryville Pike Culpeper, VA 22701

### **Goodwill Retail Store - Culpeper**

540-829-8068

504 Culpeper Town Sq. Culpeper, VA 22701

### **Goodwill Retail Store - Orange**

540-672-6555

500 North Madison Rd. Suite 547 Orange, VA 22960

### **Goodwill Retail Store - Ruckersville**

434-990-1985

8758 Seminole Trail Ruckersville, VA 22968

**Noah's Ark Thrift Store (Community Touch Inc.)**

540-439-9300

10499 Jerico Road, Bealeton, VA 22712

Noah's Ark provides a service "to those in need". Items available are quality furniture, clothes in season, household items and appliances, etc. Newer furniture is donated by housing developers and builders who donate from their model homes after they are sold. All furniture is available to those using vouchers and customers. Open Mon-Fri 10-6pm and Sat. 10-5pm.

**Noah's Ark Outreach (Community Touch Inc.)**

540-439-9300

10499 Jerico Road, Bealeton, VA 22712

Noah's Ark Outreach accepts donated professional, business, outdoor and children's clothing for the under privileged. We also accept washers, dryers, refrigerators, stoves, microwaves and other household items that will assist the less fortunate in having their needs met which will help them live a content and meaningful life. All donated goods are given free of charge through our voucher program to qualified low-income individuals who need assistance. Open Sat 10 – 1pm. (Closed every 2nd and 5th Sat.)

**The Salvation Army Family Store – Charlottesville**

434-979-5230

604 Cherry Avenue, Charlottesville, VA 22903

Store Hours: Monday – Saturday 9:00am – 6:00pm.

**The Salvation Army Family Store – Warrenton**

540-341-8385

62 Waterloo Street, Warrenton, VA 20186

Store Hours: Monday – Friday 10:00am – 5:00pm;  
Saturday 10:00am – 2:00pm No donations received on Tuesday.

The thrift store provides used furniture, adult and children's clothing and shoes, appliances, records, tapes, books, videos, golf equipment, artwork, toys, kitchen utensils, lamps, televisions, knick-knacks and many other items. All of these items are available to the public at reasonable prices. The stores also assist people who are going through difficult times due to homelessness, domestic violence, or other trying circumstances through the provision of gifts-in-kind. A needy person or family may apply for help through the Emergency Services Office at The Salvation Army's main office to obtain vouchers for furniture and clothing at no charge.

**Telephone****SafeLink Wireless**

800-723-3546

P.O. Box 220009, Milwaukee, OR 97269-0009

[www.safelink.com](http://www.safelink.com)

SAFELINK WIRELESS® service is a program for Income eligible households provided by TracFone Wireless, Inc. In order to participate in the SAFELINK

WIRELESS® service, persons must meet certain eligibility requirements set by each State where the service is to be provided. These requirements are based on a person's participation in a state or Federal support programs or by meeting the Income Poverty Guidelines as defined by the U.S. Government. SAFELINK WIRELESS® service is limited to one person per household.

**CONFERENCE/MEETING FACILITIES****American Legion Post #157**

434-806-2602

310 Thrift Road, Madison, VA 22701

The Madison American Legion Post Home, located on Thrift Road, may be rented for community and private functions, such as birthday parties, family reunions, wedding receptions, club meetings, retirement parties, office meetings, or other private parties. For a small fee, Wi-Fi is now available as well.

The Home has a large room that can accommodate up to 250 people with air conditioning, and use of its tables and chairs. White twinkle lights have been installed along each wooden ceiling beam which enhances your special occasion.

<http://www.vaalpost157.org/>**George James Community Center**

540-672-7138

1215 George James Loop, Radiant, VA 22732

Non-profit Organization to serve as an educational and social instrument as well as provide a recreational link for people in Madison and surrounding counties. The center has two floors and an outside pavilion. The first floor consists of the main hall, kitchen (warming only), ladies and gentlemen bathroom and foyer. The second floor has a meeting room, game room and a foyer with books. The Pavilion is adjacent to the main building. It has a concrete floor, electrical wiring and lighting, propane grill, picnic tables and chairs.

[www.georgejamescc.com](http://www.georgejamescc.com)**Graves Mountain Lodge**

540-923-4231 FAX 540-923-4312

Route 670, Syria, VA 22743

Provides conference facilities which include meeting rooms, refreshments, meals, and audio-visual equipment. Reservations required. Can accommodate 20–100 people per group.

[www.gravesmountain.com](http://www.gravesmountain.com)**Kemper Residence**540-948-2236 <http://madisonvahistoricalociety.org>

412 North Main Street, Madison, VA 22727

The Kemper Residence is open to the public for group tours, receptions, and meetings.

## **Madison County Volunteer Fire Company**

540-222-6099

1223 North Main St. Madison, VA 22727

Our banquet hall is available for rent to all individuals and organizations. The hall is available seven days a week. The hall space can accommodate up to 230 people comfortably.

### **Virginia Cooperative Extension**

540-948-6881 Fax: 540-948-6883

2nd Floor, War Memorial Building Madison, VA 22727

Conference area seats up to 40 people with tables.

## **COUNSELING AND MENTAL HEALTH**

### **Chrysalis Counseling Center**

540-738-2245

125 Main Street, Madison, VA 22727

Chrysalis Counseling Centers, Inc. is committed to providing quality and competent counseling, psychotherapy, psychiatric, and mentoring services with empathy and compassion to children, adolescents, and adults.

The staff of Chrysalis Counseling Centers, Inc. provides a wide variety of specialties and treatment modalities to meet the needs of our community. Our services include ADD/ADHD, Addictions & Recovery, Adolescent Adjustments, Anger Management, Anxiety/Panic Disorders, Bereavement/Loss & Grief, Childhood Behaviors, Couples Issues, Depression, Eating Disorders, Family Issues, Men's Issues, Mood Disorders, Obsessive Compulsive Behaviors, Oppositional Defiant Disorder, Parenting Concerns, Phobias, Reactive Attachment, Separation/Divorce, Sexual/Physical Traumas, Stress Management, Substance Abuse, Weight Management Women's Issues and Workplace Challenges.  
[www.chrysaliscenters.com](http://www.chrysaliscenters.com)

### **CrisisOne**

540-318-4759

CrisisOne is available for individuals who are experiencing an acute crisis of a psychiatric nature that may jeopardize their currently community living situation. CrisisOne provides brief therapeutic interventions to stabilize the individual in their homes and community.

### **Counseling Interventions**

540-399-9970

23248 Lignum Road, Lignum, VA 22727

Counseling Interventions is a private provider of home, school and community based behavioral health services. We are licensed by the Commonwealth of Virginia's Department of Behavioral Health and Developmental Services and we are affiliated with the state and local Human Rights Committee. We strive to

provide services that meet the highest standards of best practice, ethics and confidentiality.

[www.counselinginterventions.com](http://www.counselinginterventions.com)

### **Crossroads Professional Counseling**

540-827-4317

209 North Commerce Street, Culpeper, VA 22701

Providing individual, couples and family counseling. Treatment specialization includes: Depression and Anxiety, Panic Attacks and Phobia, Sexual and Relationship Problems, Medical and Health concerns, Grief and Loss, Work and Career issues, Stress Management, Addiction & Recovery, Parenting and Family Issues and Conflict Resolution.

[www.crossroadsfamilycenter.net](http://www.crossroadsfamilycenter.net)

### **Family Focus Counseling Services P.C.**

540-829-9666

767 Madison Road, Suite 112-114, Culpeper, VA 22701

Family Focus is licensed by the state of Virginia as an outpatient Mental Health and Substance Abuse Counseling Facility and has a certified Batter Intervention Program. Family Focus offers a variety of services to meet the needs of adolescents, including individual, couples, family and group counseling.

[www.familyfocusva.com](http://www.familyfocusva.com)

### **Family Preservation Services**

540-825-3117

1200 Sunset Lane, #2132, Culpeper, VA 22701

Youth & Family Services include Autism Services, Case Management, Home-Based Services, In-Home Tutoring, Monitoring Services, Network Management, Parent Education Services, School-Based Services, Substance Abuse Services, Therapeutic Foster Care, and our Virtual Residential Program.

Adult Services include Case Management, Mental Health Support Services, Monitoring Services, Network Management, Substance Abuse Services and Workforce Development Programs, Drug Court Services, Community Based Surveillance Services and Probation Services

### **Free to Be ADHD Coaching**

Linda Swanson, MA, ACC 703-508-4774

Neil Swanson, MA, ACC 703-509-5377

7180 Baldwin Ridge Road, Warrenton, VA 20187

Programs for adults, college, high school. Free initial session. Some scholarships available. These highly trained ADHD coaches help you identify your greatest challenges and what strengths and strategies you have and can create to meet those challenges. Your coach then helps you shape your strategies into effective new habits to achieve more order and satisfaction in your life. [www.freetobecoaching.com](http://www.freetobecoaching.com)

**Mountain Laurel Group, LLC**

540-829-1789

102 N. Main Street, Suite 300, Culpeper, VA 22701

Mountain Laurel Group provides children, teens and their family, high quality individualized mental health services through our continuum of care. Services: short and long term residential treatment for adolescent boys and girls (separate locations), private special education residential school (for our residential clients), home-based services and diagnostic services. Medicaid provider. [www.mlmentalhealth.com](http://www.mlmentalhealth.com)

**NAMI (National Alliance on Mental Illness) Blue Ridge**

434-970-1257

500 Old Lynchburg Rd. Charlottesville, VA 22901

NAMI Family Support Groups are free, confidential and safe groups of families helping other families who live with mental health challenges by utilizing their collective lived experiences and learned group wisdom. Meetings: 1st and 4th Thursday of the Month at 6:00-7:30pm 3rd Thursday of the Month-speaker meeting 6:00-7:30pm Summer- 1st and 3rd Thursdays Only. <http://brfa.avenue.org>

**National Counseling Group, Inc.**

540-825-0705

13216 Lovers Lane, Culpeper, VA 22701

National Counseling Group, Inc. is a Medicaid provider offering Intensive In-home Services (IIH), Mental Health Support Services (MHSS) and Outpatient Counseling to adults, children, youth and families. [www.nationalcounselinggroup.com](http://www.nationalcounselinggroup.com)

**National Institute of Mental Health (NIMH)**

866-615-6464

The mission of NIMH is to transform the understanding and treatment of mental illnesses through basic and clinical research, paving the way for prevention, recovery, and cure. Educational material, publications and other free resources. [www.nimh.nih.gov](http://www.nimh.nih.gov)

**Piedmont Counseling, LLC**

540-948-4500

40 Commerce Lane, Suite C, Rochelle, VA 22738

Specializes in working with adults, children and families experiencing stress, depression, anxiety, trauma and relationship problems. Her theoretical orientation is cognitive restructuring and family systems. She works with people to help them identify coping patterns and interpersonal dynamics that contribute to distress in their lives and then to help them make changes that can improve their situations. Ms. Carroll also works with families dealing with problems related to separation and divorce.

**Professional Alternatives**

540-825-2788

219 East Davis Street, Suite 310, Culpeper, VA 22701

Counseling and Consultation Services for Individuals, Couples, families and groups. We provide our counseling services to the Culpeper Community and the surrounding areas of Orange, Rappahannock, Fauquier, Madison and Spotsylvania Counties. Our door is open to you when you need help with emotional issues and life's challenges or transitions.

**Psychology Associates**

540-672-0474

112 Belleview Avenue, Orange, VA 22960

**Rafala Professional Counseling Services**

540-829-0036

139 W. Davis Street, Culpeper, VA 22701

**Rappahannock Rapidan Community Services**

540-825-3100 Fax: (540) 825-6245

PO Box 1568, Culpeper, VA 22701

**UVA Child and Family Psychiatry**

434-924-3627

First Floor 310 Old Ivy Way, Charlottesville, VA 22908

Provides a wide range of services to children, adolescents and their families, including evaluation and treatment for: Anxiety disorders, OCD, depression and bipolar disorder; Adjustment issues (divorce, school problems); Behavior difficulties (oppositonality, aggression); Attention deficit hyperactivity disorder (ADHD); Eating disorders; Autism spectrum disorders; other mental health needs

**Insurance****Governor's Access Plan (GAP)**

855-869-8190

[www.coverva.org/gap](http://www.coverva.org/gap)

GAP is a program to integrate primary and behavioral health services and care coordination for Virginia's uninsured with serious mental illness (SMI). Other key benefits include diagnostic and laboratory services, as well as coverage for prescriptions.

**April Cowan - Multiple Line General Agent****Cowan Insurance**

113 E Main St

Orange, VA 22960

Phone: 540-308-7826

Fax: 866-432-1701

[agent.farmfamily.com/orange/april\\_cowan](http://agent.farmfamily.com/orange/april_cowan)

Representing American National Insurance Company, Galveston, Texas, Farm Family Casualty Insurance Company, United Farm Family Insurance Company, and Farm Family Life Insurance Company, Glenmont, New York. 93688.VS.08.2016

## **Residential Treatment Facilities**

### **The Barry Robinson Center**

757-455-6100

443 Kempsville Road, Norfolk, VA 23502

The Barry Robinson Center combines modern residential facilities and is one of the most beautiful and unique residential treatment centers in the region. The sprawling 32-acre wooded campus, conveniently located on the border of Norfolk and Virginia Beach, provides a serene setting for programs designed to help at-risk youth and their families overcome emotional and behavioral difficulties.

### **Bridges Treatment Center**

434-200-5700 FAX: 434-947-5708

693 Leesville Road, Lynchburg, VA 24502

Residential treatment programs provide intensive help for children and adolescents with serious emotional and behavioral issues including Oppositional Defiant Disorder, Conduct Disorder, Depression, Bipolar Disorder, ADHD and educational issues. While in residential treatment, children and adolescents temporarily live outside of their homes and in facilities like Bridges Treatment Center where trained staff provide treatment and around-the-clock supervision.

### **Commonwealth Center for Children & Adolescents**

540-332-2100

PO Box 4000, Staunton, VA 22402

The Commonwealth Center for Children & Adolescents is an acute care, mental health facility for youth under the age of 18 years, operated by the Virginia Department of Behavioral Health and Developmental Services, formerly known as Virginia Department of Mental Health, Mental Retardation, and Substance Abuse Services.

### **Discovery School of Virginia**

434-983-5616 FAX: 434-983-5617

PO Box 1160, Dillwyn, VA 23936

The Discovery School of Virginia serves teenage boys and girls ages 12 to 17 experiencing emotional, behavioral, and learning difficulties. There are separate campuses for each of the schools. Both are located in the Piedmont region of central Virginia.

### **Elk Hill – Charlottesville Group Home**

434-923-0900 FAX: 434-923-4024

2258 Richmond Road, Charlottesville, VA 22911

Males Ages 14 – 18.

### **Elk Hill Farm – Goochland Group Home**

804-457-4866

1975 Elk Hill Road, Goochland, VA 23063

Males Ages 11 – 18.

### **Elk Hill Farm – Northside Group Home**

804-266-0135

3802 Chamberlayne Avenue, Richmond, VA 23227

Males Ages 14 – 18.

### **Elk Hill Spring Garden Group Home**

434-842-1801

1426 Bremono Road, Bremono Bluff, VA 23022

Females ages 14 – 18.

While at Elk Hill, young people are oriented to the program's Core Values, which include learning self-respect, developing personal responsibility, working hard to learn new life skills, demonstrating courage to accept positive changes, and holding one's education in high regard. All youth leaving Elk Hill have experienced and can demonstrate these same Core Values.

### **Grafton Integrated Health Network**

888-955-5205 FAX: 540-542-1721

PO Box 2500 Winchester, VA 22604

Grafton provides community based residences, also known as group homes for children, adolescents and adults to overcome challenges and lead meaningful productive lives. Our teams of dedicated, compassionate and experienced staff are committed to providing individualized and customized supports that include but are not limited to the following: 24 hour supervision and support, Structured therapeutic activities, Participation in a day support program, employment or education services, Assistance with activities of daily living, Behavioral self-management, Opportunities to become an integral part of their local communities.

The goal of our program is to help clients enhance skills in areas such as daily living, money management, home maintenance, food preparation, personal hygiene, socialization, leisure and community safety.

Children served in group homes may have autism and/or an intellectual disability or they may only have a psychiatric classification with no developmental challenges. Adults who are served in group homes have autism and/or an intellectual disability with other psychiatric conditions.

Grafton operates 23 group homes in Winchester, VA and 11 in Richmond, VA. All homes are licensed by the Department of Behavioral Health and Developmental Services.

### **Graydon Manor**

703-777-3485 FAX: 703-777-4887

801 Childrens Center Road, SW, Leesburg, VA 20175

Children and adolescents with severe emotional and psychological difficulties are treated within the residential, psychiatric program. Sometimes these



difficulties are coupled with learning disorders or chemical dependency issues.

### **Harbor Point Behavioral Health Center**

757-393-0061 FAX: 757-391-5915  
301 Fort Lane, Portsmouth, VA 23704  
[www.harborpointbhc.com](http://www.harborpointbhc.com)

Harbor Point Behavioral Health Center in Portsmouth, Virginia offers intensive, residential treatment programs for youth in order to help them overcome behavioral health problems. Our programs provide a therapeutic and safe setting to address comprehensive mental health needs and give residents the tools they need for a complete recovery. We offer several different youth residential programs to address mental health issues at our facility: Intensive Psychiatric Programs for Children; Intensive Psychiatric Programs for Adolescents; Self-Injurious/Non-Suicidal Behavior Program; Female Intellectual Disability Program; Sexually Abusive Youth Programs; Sexually Abusive Youth Services for Intellectual Disabilities.

### **Human Kind (Formerly Presbyterian Homes)**

540-373-1237

Our Adult Group Homes provide 24-hour supervision to individuals in a safe environment in their own community, which encourages them to build skills in daily living, advocacy, communication and independence. All of our adults live full and productive lives, engaged in meaningful employment, day-support programs, recreation and cultural opportunities.

We offer homes for adults with intellectual disabilities in several locations throughout the Commonwealth; Fredericksburg, Lexington, Lynchburg and Zuni.

In order to qualify for Adult Group Homes, individuals: Must be 18 years of age or older; Have a primary diagnosis of an intellectual disability (may be dual-diagnosed); Must have an ID waiver or private pay; •Must have strengths and needs that are able to be met through HumanKind's Adult Services.

Please note that individuals with intensive medical needs, a history of criminal record and/or violent behavior, including but not limited to arson, homicide, sexual assault, weapon or suicide threats as well as those who are addicted to alcohol, illegal or prescription drugs will not be eligible for admission.

### **Lafayette School**

434-589-2370 FAX: 434-589-2685  
103 Zion Station Road, Troy, VA 22974

Lafayette School is a private, 501(C)(3) Nonprofit School that serves children and adolescents with emotional and behavioral problems who have difficulty maintaining and/or succeeding in a regular school environment.

### **New Hope Treatment Centers**

540-729-9118 Fax: (843) 851-1075

New Hope Carolinas (otherwise known as New Hope Treatment Centers) is a Virginia Medicaid Provider, treating males and females, ages 12-21, with specialized programming for those with lower cognitive functioning and sexually harming behaviors (male program) and low functioning sexually harming behaviors (male program), general psychiatric program and victims of sex trafficking.

New Hope Treatment Centers, is a Joint Commission and AdvancedEd accredited psychiatric residential treatment facility, located in the warm southern hospitality of Rock Hill, SC. New Hope offers admission and discharge transportation.

### **North Spring Behavioral Healthcare**

800-777-8855  
42009 Victory Lane, Leesburg, VA 20176

**Horizon Program:** Provides comprehensive assessment and individualized treatment services to adolescents who have been identified as needing treatment for sexually abusive behavior. The program is overseen by therapists, Certified Sex Offender Treatment Providers (CSOTP), and uses Mode Deactivation Therapy to interrupt the chain of thoughts and feelings that led to offenses.

**Sunrise Program:** Provides gender-specific, structured and nurturing treatment. The program is divided into two units by age and offers young women the opportunity to move past the obstacles that mental health problems, abuse and victimization have placed in their path. Therapies are carefully combined on an individual basis to provide an environment in which young women can heal and flourish. Treatment focusing upon sexual reactivity secondary to previous abuse is provided on an individual basis. In addition, North Spring Behavioral Healthcare has developed a Sex Trafficked and Exploited Girls Program.

**Adventurers Program:** Designed for the treatment of younger boys, who suffer from emotional, behavioral, and psychiatric disorders which have resulted in an inability to safely remain in the community. These children have typically suffered significant trauma in their lives, and need a safe place to heal. Our treatment team is able to provide for children with sexual reactivity, emotional volatility and difficulty in trusting adults.

**Trailblazers Program:** Designed for the treatment of child and adolescent boys who suffer from emotional, behavioral and psychiatric disorders. It is divided into two age specific units. These young men require intensive intervention in order to overcome repeated problems with school performance, substance abuse, and rebellion against authority.

**Assessment and Diagnostic Program:** Provides a secure facility for male and female children and adolescents, who would benefit from Psychological Testing and other additional evaluations in order to clarify diagnostic and treatment needs. Expected stays are 30-90 days. Clients receiving these services participate in all program components.

**Stabilization Program:** Serves children and adolescents who are in need of intensive residential care and treatment. This service is designed for non-hospitalized individuals experiencing an acute crisis that may jeopardize their current community living situation. It includes outcome-oriented, child and family centered individualized treatment. A short term stay, 30-90 days, to ensure safe return to community setting.

**Phoenix House**

703-841-0703

200 N. Glebe Road, Arlington, VA 22203

[www.phoenixhouse.org](http://www.phoenixhouse.org)

Our nationally accredited programs provide outstanding residential, transitional, and outpatient treatment with gender-specific programs available for both adults and adolescents. A Spanish-speaking men's residential program is also available. Our counselors, physicians, and psychiatric staff use a 12-step approach to address a wide range of substance abuse and co-occurring mental health problems, and our treatment regimen includes medication management and medication-assisted treatment as appropriate. Our active assessment center provides comprehensive evaluations of substance abuse, addiction, and related mental health problems in order to identify the most appropriate treatment for each client. Family involvement is encouraged in the treatment process, and treatment length for most programs is determined by individual need. Most major insurance plans and all major credit cards are accepted.

**Poplar Springs Hospital**

804-733-6874

350 Poplar Drive, Petersburg, VA 23805

The Residential Treatment Center, a TRICARE®-certified program, serves adolescent boys and girls, ages 11–17, who demonstrate a persistent pattern of severe emotional and/or behavioral issues that are disruptive, frequent and cannot be treated in a lesser level of care.

We provide intensive treatment in a structured, therapeutic environment as well as: Gender-specific programs; Individual therapy three times a week; Psychiatric visits twice a week; Family therapy weekly; 12-month licensed school; Substance abuse education; Life skills, social skills and leisure education groups; Psych-educational and process groups; Supervised therapeutic community outings; Special-

issue groups focusing on anger management, grief and loss, discharge readiness, trauma, self-injury and children of military parents.

**Snowden**

540-741-3900

1200 Sam Perry Boulevard, Fredericksburg, VA 22401

At Snowden, we provide inpatient services for all ages in our recently expanded, 40-bed community mental health hospital. We also offer outpatient programs for adolescents and adults.

**Timber Ridge School**

540-888-3456

1463 New Hope Road, Winchester, VA 22604

Timber Ridge School is licensed to operate as a residential treatment facility by the Virginia Department of Behavioral Health and Developmental Services. It is also licensed to operate an accredited school by the Virginia Department of Education. Males ages 10 – 18.

**UMFS Child & Family Healing Center**

804-239-1277

3900 West Broad Street, Richmond, VA 23230

[www.umfs.org](http://www.umfs.org)

We put kids on the road to academic, emotional and social success. Through family-focused and youth guided treatment plans, we will lead your child on a path to a healthier and fulfilling life. Our cottages for boys and girls ages 11 to 18 with behavioral, emotional and psychological challenges and our program for students with autism and other neurological differences offer families hope, help and a way home.

Our broad-based, collaborative team brings together experts in psychiatry, social work, nursing, special education and recreational therapy to prepare young people for a brighter future, as part of a family and as part of a community.

**Virginia Treatment Center for Children**

804-828-3129

515 North 10th Street, Richmond, VA 23219

Established in 1962, the Virginia Treatment Center for Children (VTCC) is the Child and Adolescent Psychiatric Program of the Department of Psychiatry at VCU Medical Center. VTCC provides inpatient acute care crisis stabilization and a full spectrum of outpatient mental health services for children and adolescents ages 3 through 17. VTCC is located on VCU Medical Center's MCV Campus in downtown Richmond, Virginia and is convenient to I-95 and I-64.

## **DENTAL**

### **Piedmont Regional Dental Clinic**

540-661-0008

13296 James Madison Highway, Orange, VA 22960

Piedmont Regional Dental Clinic is a non-profit dental safety net clinic dedicated to providing affordable care to residents of Virginia's Piedmont. We use a sliding scale fee system so the cost of care is lowest for patients with the fewest financial resources. We accept Medicaid/Smiles for Children insurance as well as Delta Dental insurance. PRDC runs popular programs such as Smile Time (dental exams at school) and free care for US Veterans on Veterans Day. Visit our website and Facebook page for more information. New patients warmly welcome. [www.vaprdc.org](http://www.vaprdc.org) Facebook: Piedmont Regional Dental Clinic

## **DISABILITY SERVICES**

### **Advocacy**

#### **Arc of North Central Virginia (Arc of NCV)**

571-399-5390

PO Box 852, Bealeton, VA 22712

The Arc of North Central Virginia is committed to enhancing the lives of persons with intellectual and developmental disabilities (I/DD), to ensuring that they are valued members of our community and are able to reach their full potential. The Arc of North Central Virginia is further committed to creating an environment that encourages inclusiveness and acceptance through the education, advocacy and support of families, friends and our community.

#### **American Civil Liberties Union**

804-644-8022 FAX: 804-649-2733

701 East Franklin St., Suite 1412, Richmond, VA 23219

The American Civil Liberties Union (ACLU) of Virginia is a private, non-profit organization that promotes civil liberties and civil rights for everyone in the Commonwealth through public education, litigation and advocacy with the goal of securing freedom and equality for all. In addition to the litigation for which the ACLU has been known, we also educate the public, inform the media, lobby legislators, organize grassroots activists, and disseminate information about our constitutional freedoms through our membership and volunteer chapters.

### **Assistive Devices**

#### **VA Department of Rehabilitative Services**

540-829-7360

#### **disability Resource Center**

540-373-5890 DHOH Office; 540-645-5378;

540-373-2559 Main Office

409 Progress Street, Fredericksburg, VA 22401

We have a private contract to provide services for all with hearing loss and those with speech impaired through the Virginia Department for Deaf and Hard of Hearing. [www.vddhh.org](http://www.vddhh.org) [www.cildrc.org](http://www.cildrc.org)

#### **Lions Club of Madison County**

PO Box 1061, Madison, VA 22727

Supports eye examinations and glasses, hearing examinations and hearing aids.

#### **Madison Department of Social Services**

540-948-5521 Fax: 540-948-3762

101 S. Main Street Madison, VA 22727

Auxiliary Grants Program. An auxiliary grant from DSS is an income supplement for individuals who receive Supplemental Security Income (SSI) and certain other aged, blind or disabled individuals who reside in a licensed assisted living facility (ALF) or an approved adult foster care (AFC) home. Payment is issued to an individual monthly, to be used with a designated amount of their monthly income to pay an ALF or AFC maximum monthly rate. This rate is determined by the Virginia General Assembly and is adjusted periodically. Eligibility: Prior to admission to an assisted living facility, an individual must be assessed by an adult services social worker at their local department of social services or another qualified assessor. The individual

#### **National Multiple Sclerosis Society - Charlottesville Office**

434-971-8010 Fax: 434-979-4475

1020 Carrington Pl., Suite 100 Charlottesville, VA 22901

The Society offers many services and resources to help people affected by MS live their best lives. Find resources in your area to learn, connect, and get support.

#### **National Library Service for the Blind and Handicapped**

800-552-7015 or 202-707-5100

This branch of the library of Congress supplies recorded books and playing equipment to the blind, among other services. A form signed by a doctor or a librarian is required. [www.visionware.org](http://www.visionware.org)

#### **Service Dogs by Warren Retrievers**

540-543-2307

PO Box 647 Madison, VA 22727

Service Dogs by Warren trains and provides Service Dogs and provides education, advocacy and awareness about the role of service dogs and the different types of assistance they may provide to persons with invisible health issues such as Type 1 or

2 Diabetes, Seizure Disorders, Hypoglycemic Unawareness, Post-Traumatic Stress Disorder, Traumatic Brain Injury and some spectrum disorders such as Asperger's or Autism.

### **Virginia Department for Aging and Rehabilitative Services**

540-829-7360

1300 Sunset Lane, Suite 3120, Culpeper, VA 22701

This department of the state government assists people with disabilities in many ways. The Division of Rehabilitative Services offers vocational rehabilitation to assist people with disabilities to prepare for, secure, retain or regain employment. DARS works with many Community Partners and businesses to assist individuals with disabilities in achieving their goals of employment and/or independence. The Woodrow Wilson Rehabilitation Center provides comprehensive, integrated medical and vocational rehabilitation services to enhance an individual's independence and employability. Assistive technology devices, services or accommodations may help consumers live and work independently. The Community Based Services Division administers programs that support individuals with significant disabilities to maximize their independence, employment and inclusion into society. The Adult Protective Services Division oversees local programs that investigate reports of abuse, neglect and exploitation of older adults as well as incapacitated adults. Disability Determination Services (DDS) processes claims for federal benefits under the Social Security Disability Insurance and Supplemental Security Income Disability Programs. DARS also works with federally-funded One Stop Centers to provide workforce services to person with disabilities. [www.vadars.org](http://www.vadars.org)

### **Service Providers**

#### **Commonwealth Autism Service**

804-355-0300 800-649-8481

2201 W. Broad Street, Suite 107, Richmond, VA 23220

Our Information & Resources (I&R) staff assists those who may not know where to begin or where to turn when faced with the challenges of autism. I&R staff help identify local resources to meet your current and/or future needs. If services are not readily accessible in your area, we will try to help you locate alternative resources. [www.autismva.org](http://www.autismva.org)

#### **The Choice Group**

877-374-5312 Fax: (804) 278-9221

4807 Radford Avenue, Suite 106, Richmond, VA 23230

The Choice Group offers counseling assessment and training services. We work with our clients on an individual basis to determine how best to meet their specific needs.

### **Didlake, Inc.**

540-904-4207

10164 Marsh Road, Bealeton, VA 22712

Experienced Employment Specialists provide job training and consultation that gives employers confidence and lets employees grow and expand their skills. Individual employees receive customized support ranging from assistance with transportation to help completing paperwork. People with disabilities are matched to competitive job openings with area businesses and become employees of that business. Didlake assists the business with screening, job training and continuing support (at no cost to the business). Regular contact with the employer, the individual's family and co-workers fosters success.

### **Employment Resources Inc. (ERI) and Gladys H. Oberle School**

540-372-6710

500 Lafayette Blvd., Ste. 100, Fredericksburg, VA 22401

Through the Gladys H. Oberle School, we serve students ages 11 up to 22 with Serious Emotional Disturbance, Learning Disability, Autism, Intellectual Disability, Multiple Disabilities and Other Health Impairments.

### **Infant Toddler Connection**

Rappahannock Rapidan Community Services

540-829-7480 FAX: (540) 829-7456

PO Box 1568, Culpeper, VA 22701

The Infant and Toddler Program serves young children birth through two who have a 25 percent delay in one or more areas of development (e.g., gross motor, fine motor, communication, adaptive, social emotional or cognitive); and/or have a diagnosed condition (e.g., Downs Syndrome, CP) and/or atypical development.

### **Madison County Public Schools Child Find**

540-948-3780

Madison County Public Schools ensures that all children with disabilities, age 2 to age 21 inclusive, who are in need of special education and related services, are identified, evaluated, and a determination made regarding whether or not the child is eligible to receive needed special education and related services

### **Rappahannock Rapidan Community Services**

540-825-3100 Fax: (540) 825-6245

PO Box 1568, Culpeper, VA 22701

### **Social Security Administration**

540-825-5781 or 877-531-4694

1014 South Main Street, Culpeper, VA 22701

**Special Olympics of Virginia, Rappahannock Region, Area 17**

540-948-3351

319 William Street, Suite 2, Fredericksburg, VA 22401

Special Olympics provides year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

**UVA Child Development and Rehabilitation Center**

434-924-5161 Fax: 434.924.5559

Battle Bldg., 4th Fl., 1204 W. Main St. Charlottesville, VA 22908

The UVA Child Development and Rehabilitation Center, formerly the Kluge Children's Rehabilitation Center or KCRC, is a place dedicated to serving children with special needs. Some kids need specific therapy or rehabilitation after an injury, accident or surgery. Others have a chronic illness such as diabetes or cystic fibrosis. Many families come to find out why their child is having difficulties walking, talking, learning or eating, or is experiencing behavior problems. Children and adolescents ages birth to 21 years are referred to one of our programs: outpatient specialty clinics or day treatment program.

The family is an important part of the treatment team at UVA. We know that the family is the constant in a child's life while health care providers vary over time. Because of this, we want families to work with our health care providers in all aspects of your child's care. We also realize that both medical and emotional needs must be considered to promote effective healing and rehabilitation, as well as adjustment to a child's activity limitations (functional abilities) or participation restrictions (roles in society).

**Virginia Board for People with Disabilities**

804-786-0016

1100 Bank Street, 7th Floor, Richmond, VA 23219

VBPD serves as Virginia's Developmental Disabilities (DD) Planning Council. DD Councils are in every state and territory of the United States. They work for the benefit of individuals with DD and their families to identify needs and help develop policies, programs and services that will meet these needs in a manner that respects dignity and independence.

**Virginia Department for the Blind and Vision Impaired**

434-295-5168

1102 Monticello Road, Charlottesville, VA 22902

Provides Educational Services, Vocational

Rehabilitation Services, Rehabilitation Teaching and Independent Living, Low Vision Services, Orientation & Mobility Services, Virginia Rehabilitation Center for the Blind and Vision Impaired, Library and Resource Center, Technology Services, Deafblind Services, Randolph-Sheppard Program of Virginia, job opportunities and training.

**Virginia Department for the Deaf and Hard of Hearing**

800-662-9502

1602 Rolling Hills Dr., Ste. 203, Henrico, VA 23229-5012

The Technology Assistance Program (TAP) provides adaptive telecommunication equipment to qualified applicants whose hearing loss or disabilities prevent them from using a standard telephone. Applicants must be a resident of Virginia and meet current financial guidelines.

Virginia Relay is a federally-mandated telecommunications relay service for persons who are deaf, hard of hearing, Deafblind, or speech disabled. It allows these individuals to use specialized telecommunication devices or features to communicate with standard telephone users. There is no cost associated with the service with the exception of long-distance charges.

Outreach Can Provide: Training for persons who are Deaf and Hard of Hearing and their families. Training to businesses, caregivers, public safety officials, and professionals that serve persons who have a hearing loss. Information and training about local services including where to find sign language classes, support services, and the technical equipment needed to aid persons who are Deaf or Hard of Hearing with their communication needs. Community education through information tables at local events, speaking to civic organizations, attending support group meetings, and working one on one with consumers who need training to use the equipment to meet their needs. Workshops on a variety of subjects.

The VQAS is administered by the Virginia Department for the Deaf and Hard of Hearing (VDDHH) in accordance with "Regulations Governing Interpreter Services for the Deaf and Hard of Hearing". This assessment process is designed to assist you, as a developing professional, to identify your strengths and weaknesses in your knowledge and skills of interpreting in order to assist your growth in interpreting competence.

**Support Groups**

**Culpeper Autism Support Group**

540-937-3925

Meets the third Wednesday of the month from 6:30pm to 7:30pm at the Culpeper Country Public Library

## DOMESTIC VIOLENCE AND ABUSE

### Domestic Abuse Hotlines and Helplines

Child Abuse & Neglect Helpline 800-552-7096

Prevent Child Abuse in Virginia 800-257-8227  
[www.pcav.org](http://www.pcav.org)

Services to Abused Families, Inc. 800-825-8876  
SAFE

Virginia Family Violence & Sexual Abuse Hotline 800-838-8238

Domestic Violence Hotline 800-799-7233  
TTY 800-787-3224

This national hotline is accessible 24 hours per day, 365 days per year. Advocates are available for victims and anyone calling on their behalf to provide crisis intervention, safety planning, information and referrals to agencies. Assistance is available in English and Spanish with access to more than 170 languages through interpreter services.

[www.thehotline.org](http://www.thehotline.org)

### CASA Court Appointed Special Advocates for Children

434-971-7515 FAX: 434-971-3060  
818 East High Street, Charlottesville, VA 22902

Piedmont Court Appointed Special Advocates (CASA), Inc. provides trained volunteers to advocate for the best interests of abused and neglected children, promoting and supporting safe, permanent and nurturing homes for child victims before the courts of the 16th Judicial District of Virginia. Piedmont CASA promotes awareness about child abuse and neglect through community education and outreach.

### Faith House

855-693-2578  
Magnificent Oak Ministries  
PO Box 3526, Warrenton VA 20188

A free of charge, 6-12 month residential program for survivors of abuse (women 18 and over). We provide a multi-dimensional approach in a structured environment, with the following professional services for all residents: [www.MagOaks.org](http://www.MagOaks.org)

### SAFE Culpeper

24 Hour Helpline 800-825-8876  
Office Line: 540-825-8891  
[www.safejourneys.org](http://www.safejourneys.org)

### S.H.E. (Shelter for Help in Emergency)

434-293-8509




The Shelter for Help in Emergency offers emergency, temporary housing to victims of domestic violence in need of safety. [www.shelterforhelpinemergency.org](http://www.shelterforhelpinemergency.org)



## Children who Witness Domestic Abuse

By: Yelena Salina, Stephanie Douglas & Katrina Thoss

- Worldwide, more than 250 million children witness domestic abuse and violence
- A child who witnesses domestic abuse is experiencing a form of child abuse. It is a form of emotional and psychological abuse, with the possibility of becoming physical abuse.
- Children of all ages are affected to the effects of violence in every way possible. Children are more likely to grow up to become victims or abusers due to witnessing domestic abuse.
- Children do not forget what they have seen. Young children have an amazing ability of remembering things, including recalling traumatic events.
- Violence happens all over the country, from major cities to tiny towns.
- Children who witness domestic abuse are at risk for cognitive and developmental delays.
- Children may suffer from paranoia, anxiety, depression or other debilitating conditions after witnessing domestic abuse.
- 85% of a child's brain structure is developed by age 3. This development will be the foundation for everything the child learns later, including the ability to form and maintain emotionally healthy relationships
- Children who are exposed to domestic abuse have been linked to having a lower IQ and a slower brain development



Even if they don't witness the actual violence, they hear the screaming, the slaps, the breaking of glass



# **DSS: MADISON COUNTY DEPARTMENT OF SOCIAL SERVICES**

## **Madison County Department of Social Services**

540-948-5521 FAX: 540-948-3762

101 S. Main Street, PO Box 176, Madison, VA 22727

Madison County Department of Social Services (MCDSS) provides a wide variety of benefits and services. Benefits include Medicaid and SNAP (formerly known as food stamps) Temporary Assistance to Needy Families (TANF), daycare assistance, energy assistance and emergency assistance. Services include protective services to vulnerable adults and children, preventative services to families with children and vulnerable adults and employment services.

Application for benefits is made on-line at <https://commonhelp.virginia.gov> or the Madison office. Eligibility determination is expedited when application is made on-line. If you wish to apply at the office, it is recommended that you call first. To qualify for benefit programs and services, you will be asked to verify such matters as residency, income and expenses, resources such as bank accounts, insurance, motor vehicles owned, etc. Hours: Monday through Friday, 8:15am – 4:45pm. Please call to schedule. To report suspected abuse or neglect of a child under the age of 18, call 1 800 552 7096 any time or the office 540-948-5521 during office hours. To report suspected abuse or neglect of a vulnerable adult (aged or with disabilities), call 1 888 832 3858 or the office 540-948-5521 during office hours.

### **Benefits:**

Medicaid has several medical assistance programs that pay for health care visits for children and certain adults who are unable to pay for needed services. Covered individuals may be children, pregnancy women, and people with disabilities or elderly individuals. This is known as categorical eligibility. There are special provisions and several types of coverage for which you may qualify depending on your income, family size and circumstances. Individuals with severe mental illness may apply for Medicaid through Rappahannock Rapidan Community Services at 540 825 3100 as there are specific screening processes for “GAP” coverage. Call 1 855 635 4370 for more information. Screening for financial eligibility may include an assessment of both income and resources depending on which of the many Medicaid programs for which you may qualify.

### **Medicaid for Long-Term Care**

LTC Medicaid covers long-term care in a community-based setting for individuals whose mental or physical condition requires nursing supervision and assistance with activities of daily living. Medicaid requires nursing supervision and assistance with activities of daily

living. Medicaid requires both a functional and financial screening process prior to paying for long-term care services. A preadmission screening is required prior to admission to a nursing facility or waiver service if Medicaid is expected to provide payment. You may call Social Services to request a long-term care screening. Ask for Adult Services. To apply for Medicaid, go on-line to <https://commonhelp.virginia.gov>, call 1 855 635 4370, or call the Madison office. No interview is required but you will receive assistance in completing an application if you call the toll free number 1 855 635 4370.

### **Temporary Assistance for Needy Families**

TANF provides temporary financial assistance for eligible families with minor children in the home, who are financially needy and meet other requirements as well. An interview is required. TANF payments depend on the size of the family; a family may qualify while receiving income from other sources. Applicants must cooperate in naming the parents of all eligible children and help establish paternity. Some individuals qualify for TANF may be required to participate in VIEW, the Virginia Initiative for Employment not Welfare. VIEW participants can earn an income in addition to their TANF benefits but the total income may not exceed the federal poverty level for their family size. To apply for TANF go on-line to <https://commonhelp.virginia.gov> or call the Madison office.

### **Supplemental Nutrition Assistance Program**

SNAP (formerly the Food Stamp Program) helps families buy nutritious food and seeds or plants to grow food. The benefits are distributed to families electronically. To apply for SNAP, go on-line at <https://commonhelp.virginia.gov> or call the Madison office.

### **Energy Assistance Programs**

This program has three parts: fuel assistance, cooling assistance and crisis assistance. Each has different application dates: fuel assistance from the second Tuesday in October through the second Friday in November; crisis assistance (for energy-related emergencies) from November 1 through March 15; cooling assistance from June 15 through August 15. In addition, the department can help residents access energy assistance programs operated by utility companies. To apply for energy assistance, go on-line at <https://commonhelp.virginia.gov> or call the Madison office.

### **Child Care Assistance Program**

This program provides funding to enhance the quality, affordability, and supply of childcare available to Virginia’s families. To qualify, you must be a resident of Madison County and fall within the income guidelines, and must be working or attending school on a full-time basis. Program goals include providing low-income families with the financial resources to find and afford quality child care for their children, providing

childcare to partners trying to achieve independence from public assistance, and promoting parental choice in the selection of child care. It also aims to empower working parents to make their own decisions on the child care that best suits their family's needs and provides consumer education to help parents make informed choices about child care. To apply for child care assistance, go on-line at <https://commonhelp.virginia.gov> or call the Madison office.

## **Services:**

### **Adult Services**

Adult Services coordinates and provides a range of services to maintain safe living conditions for incapacitated or elderly adults. These include assistance with emergencies, home-based companion services, in-home assistance with some activities of daily living, adult foster care and respite care, nursing home preadmission screening for impaired adults, Medicaid community-based care screenings and arrangement services, help with assisted Living placement and nursing home placement, and case management for adults who require coordination of services.

### **Adult Protective Services (APS)**

Anyone living in Madison County who is 60 years or older or who is incapacitated and 18 years of age or older may receive protective services if services are needed, which is determined by a DSS social worker investigating reports or suspicions of abuse, neglect, or exploitation. Adult Protective Services are provided regardless of the person's income or financial resources. APS completes investigations in almost every setting including the home, assisted living facilities, nursing facilities and hospitals. APS does not investigate allegations of mistreatment in jails or prisons. To report suspected abuse or neglect of a vulnerable adult (aged or with disabilities) or to get more information about adult abuse and neglect, call 1 888 832 3858 any time or the Madison office 540-948-5521 during office hours.

### **Foster Care Services**

DSS also provides services to foster children and their foster parents. Foster parents are professional parents who enjoy parenting and are willing to share their home, time, energy and love with children who have special problems. The children range in age from newborn to 18 years. Some have been victimized by abuse or neglect. Some may be physically or mentally challenged; some may have emotional or behavioral problems. Sometimes, as a result of abuse, neglect, abandonment or a death in the family, courts decide that children must be temporarily separated from their families. To find out more about becoming a foster parent, visit <http://www.dss.virginia.gov/family/fc/>. A child's stay in foster care may be as short as overnight or longer depending on the permanency plan for the child. The goal is to reunite the children with their own families. When this

is not possible, parental rights may be terminated and adoption becomes the goal for child. Often foster parents are the first choice for the child's adoptive home. In foster care, the department has legal custody of the child and assumes the ultimate responsibility for the child. A family will receive a maintenance payment on behalf of the child to help with expenses while a child is in their home. Children have medical and dental coverage while in foster care.

### **Family Services and Foster Care Prevention Services**

Family Services are designed to assist children and families resolve crises, connect with necessary and appropriate services, and remain safely together in their own homes whenever possible. The goal is to prevent or eliminate the need for out-of-home placement of children, promote family strength and stability, enhance parental functioning and protect children. Call MCDSS and ask for the Family Services social worker on intake if you, your family or a friend are experiencing difficulties. 540-948-5521 during office hours.

### **Children's Services (CSA)**

Services under the CSA may be available to a child who meets at least one of the following descriptions: youth who require private placement for special education, youth who are in foster care or eligible for foster care services, youth who are eligible for services through a Child in Need of Services determination or youth who have significant emotional or behavioral problems and may require services not available from any single agency, require services of multiple agencies, or may be at risk of residential placement. While most of the children who qualify for CSA services are already under the purview of one of the member agencies (Juvenile Court Services, Social Services, Community Services or the Public Schools) you may call the Children's Services Coordinator at 540-948-5521 to find out if you and your child are eligible for services. Visit [http://www.csa.virginia.gov/html/for\\_parents/for\\_parents.cfm](http://www.csa.virginia.gov/html/for_parents/for_parents.cfm) for more information.

### **One-Stop Career Resource Center**

The resource center is open from 8:15am – 4:45pm and is available to all Madison county residents to assist in finding employment. The resource center is not an employment agency but encourages independent job search with multiple resources at your disposal. The following one-stop services are available free of charge: job postings direct from employers, various web pages, assistance with establishing new email accounts and job search Web pages, computer and internet access and referral for free computer classes.

## **EDUCATION**

### **US Department of Education**

[www.ed.gov](http://www.ed.gov)

### **Virginia Department of Education**

[www.doe.virginia.gov](http://www.doe.virginia.gov)

### **Skyline Community Action Partnership – Project Discovery**

540-948-2237

532 South Main Street, Madison, VA 22727

[www.skylinecap.org](http://www.skylinecap.org)

Skyline's Project Discovery program operates in Madison County. Students meet for workshops once a week to explore their options for life after high school. Participants are encouraged to take the hardest classes in which they can do well, and be involved in school and community activities. They also have the opportunity to visit at least three colleges or trade schools each year, as well as participate in cultural events and incentive trips.

### **Soho Center**

540-923-5012

1564 W. Hoover Road, Madison, VA 22727

[www.child2000.org](http://www.child2000.org)

The Soho Center helps over 100,000 children each year. We promote children's literacy, school readiness, and school success. We do large-scale Book Giveaways and provide extensive on-line children's literacy tips. And we feature reliable on-line health, nutrition, and safety resources for families and agencies.

### **State Council of Higher Education for Virginia**

[www.schev.edu](http://www.schev.edu)

## **College/Career Planning Websites**

### **I am the One**

[www.i-am-the-one.com](http://www.i-am-the-one.com)

### **College Board**

[www.collegeboard.com](http://www.collegeboard.com)

### **KnowHow2Go**

[www.knowhow2go.org](http://www.knowhow2go.org)

### **SAT**

[www.collegeboard.com/testing](http://www.collegeboard.com/testing)

### **ACT**

[www.actstudent.org](http://www.actstudent.org)

### **U.S. Government's Kids' Web Portal**

[www.kids.usa.gov](http://www.kids.usa.gov)

### **U.S. Department of Education Federal Student Aid**

[www.studentaid.ed.gov](http://www.studentaid.ed.gov)

### **Mapping Your Future**

[www.mappingyourfuture.org](http://www.mappingyourfuture.org)

### **The College Board**

[www.bigfuture.collegeboard.org](http://www.bigfuture.collegeboard.org)

## **FINANCIAL AID**

### **FAFSA**

[www.fafsa.ed.gov](http://www.fafsa.ed.gov)

### **FastWeb**

[www.fastweb.com](http://www.fastweb.com)

### **FinAid**

[www.finaid.org](http://www.finaid.org)

### **VA529**

[www.virginia529.com](http://www.virginia529.com)

## **CAREERS**

### **Virginia Wizard**

[www.vawizard.org](http://www.vawizard.org)

### **Career Clusters/**

### **Career Technical Education**

[www.careertech.org](http://www.careertech.org)

### **Virginia Career VIEW**

[www.vacareerview.org](http://www.vacareerview.org)

### **Vocational Information Center**

[www.khake.com](http://www.khake.com)

## **Drivers Education**

### **A Driving Coach, LLC**

540-718-0147

3420 Meander Run Road, Culpeper, VA 22701

Juvenile and adult training; Behind the wheel training.

### **Cavalier Driving School, Inc.**

540-948-3702

212 Laurel Lakeview, Madison, VA 22727

Juvenile and adult training (including persons with three test failures).

### **Quality Driving School of Virginia**

540-827-4882

716 Sunset Lane, Culpeper, VA 22701

## **Madison County Public Schools**

### **Madison County School Board**

540-948-3780

60 School Board Court Madison, VA 22727

### **Madison Primary School (Grades K-2)**

540-948-3781 FAX: 540-948-3365

158 Primary School Drive, Madison, VA 22727

### **Waverly Yowell Elementary School (Grades 3-5)**

540-948-4511 FAX: 540-948-3969

1809 Main Street Madison, VA 22727

### **William Wetsel Middle School (Grades 6-8)**

540-948-3783 FAX: 540-948-5983

186 Mountaineer Lane Madison, VA 22727

**Madison County High School (Grades 9-12)**

540-948-3785 540-948-3786  
68 Mountaineer Lane Madison, VA 22727

**Pre-School****Head Start (Skyline CAP)**

540-948-3916  
Madison County Primary School  
158 Primary School Drive, Madison, VA 22727

Head Start helps prepare children for kindergarten by helping them develop cognitively, socially, emotionally, and physically. Our program is geared towards giving both the child and family a "head start" by focusing on individuals needs to build self-sufficiency.

**Madison County Primary School Preschool**

540-948-3781

Free preschool for children reaching age 4 on or before September 30. Features 2 half-day classes.

**Madison Learning Center**

540-738-2617  
634 S. Main Street, Madison, VA 22727

Year round care for children 6 weeks or older.

**Private Schools****Cornerstone Christian School**

540-672-0512  
2390 Beautiful Run Road, Madison, VA 22727

Cornerstone Christian School of the Piedmont is a private elementary school located in Radiant, VA and enrolls 34 students in grades Kindergarten through 8th.

**Grymes Memorial School**

540-672-1010 FAX: 540-672-9167  
13775 Spicer's Mill Road, Orange, VA 22960

Grymes Memorial School, situated on thirty-two beautiful acres in Historic Orange, Virginia and facing the Blue Ridge Mountains, is a private, coeducational day-school offering programs in junior kindergarten through eighth grade.

**United Christian Academy**

434-985-2947  
225 Crusader Ct., Stanardsville, VA 22973

United Christian Academy is a private school serving students from PK – 12th grade.

**Community Colleges****Virginia Community College System**

[www.vcss.edu](http://www.vcss.edu)

**Germanna Community College****Fredericksburg Area Campus**

540-891-3000  
10000 Germanna Point Drive Fredericksburg, VA 22408

**Daniel Technology Center**

540-937-2900 FAX: 540-937-2918  
18121 Technology Drive Culpeper, VA 22701

**Automotive Technology Center**

540-834-1978  
42 Black Jack Road Fredericksburg, VA 22405

**Locust Grove Campus**

540-891-3000 FAX: 540-727-3207  
2130 Germanna Highway Locust Grove, VA 22508

**Piedmont Virginia Community College****Main Campus**

434.977.3900  
501 College Dr., Charlottesville, VA 22902

**Eugene Giuseppe Center**

434.990.1131  
222 Main St., Stanardsville, VA 22973

**Jefferson School Center**

434.961.5255  
233 Fourth St. NW, Charlottesville, VA 22903

**Adult Education****Literacy Council of Madison**

540-948-5514  
Thrift Road Madison, VA 22727

The mission of the Literacy Council of Madison is to provide education services to adult residents of Madison County. We offer a variety of educational services for adults in Madison County VA. Programs include: Instruction in Reading, Math and Writing; GED® Preparation; Computer Literacy and Keyboarding; Job Search Assistance; ELL (English Language Learners) and Family Literacy.

**Piedmont Regional Adult and Continuing Education Programs**

540-829-9914  
14270 Achievement Dr., Rm. 200, Culpeper, VA 22701

Almost one million adults in Virginia do not have a high school diploma or GED®. In alliance with the State of Virginia, our goal is to prepare as many of these individuals as possible for post-secondary education and/or careers, through learning programs aligned with 21st century expectations and economies. Additionally we strive to assist immigrants and those of foreign

nationalities who need help learning the English language so that they can better interact in our communities. All GED and ESOL classes are FREE and books are provided at no charge.

### **Parenting Classes** **Healthy Families Madison**

540-738-4009  
404 N. Main Street, Madison, VA 22727

Provides expectant and new parents in Madison County with parenting education, support and links to community resources that best meet their family's needs.

### **Self Defense** **Life Skills Self Defense**

540-333-2242  
158 Primary School Drive, Madison, VA 22727

Tae Kwon Do for kids, teens and adults. Cardio Kickboxing for teens and adults. Tai Chi for adults and the elderly.

### **Special Education** **Council for Exceptional Children (CEC)** [www.cec.sped.org](http://www.cec.sped.org)

CEC is known as THE source for information, resources and professional development for special educators.

### **Helpful Websites**

[www.abcteach.com](http://www.abcteach.com)  
[www.homeschooling.gomilpitas.com](http://www.homeschooling.gomilpitas.com)  
[www.eduplace.com](http://www.eduplace.com)  
[www.learningpage.com](http://www.learningpage.com)  
[www.literacycenter.net](http://www.literacycenter.net)  
[www.enchantedlearning.com](http://www.enchantedlearning.com)  
[www.inlieuofpreschool.com](http://www.inlieuofpreschool.com)  
[www.readingrockets.org](http://www.readingrockets.org)  
[www.pbskids.org](http://www.pbskids.org)  
[www.preschooexpress.com](http://www.preschooexpress.com)  
[www.getreadytoread.org](http://www.getreadytoread.org)  
[www.sitesforparents.com](http://www.sitesforparents.com)

## **EMPLOYMENT AND JOB TRAINING**

### **Culpeper Career Resource Center**

540-727-1055 FAX: 540-829-4956  
210 East Stevens St., Suite 300, Culpeper, VA 22701

The Culpeper Career Resource Center, in the town of Culpeper, Culpeper County, Virginia, is a community resource serving workers looking for employment and employers seeking employees throughout the five county area: Culpeper, Fauquier, Madison, Orange and Rappahannock counties.

### **Division of Rehabilitative Services (DRS), Virginia Department for Aging and Rehabilitative Services**

540-829-7360  
1300 Sunset Lane, Suite 3120, Culpeper, VA 22701

Employment Services help people with disabilities get ready for, find and keep a job. DRS has a residential training and medical rehabilitation center know as Woodrow Wilson Rehabilitation Center as well as field offices located across Virginia. The Agency also partners with a network of community rehabilitation providers, also known as Employment Services Organizations. These organizations provide Employment and Vocational services throughout the state. For students with disabilities moving from high school to further education, work or independence, DARS collaborates with schools in providing Transition Services. DARS also works with federally funded One Top Centers to provide workforce services to person with disabilities. [www.vadars.org](http://www.vadars.org)

### **Didlake**

703-361-4195  
8641 Breeden Avenue, Manassas, VA 20110

Individual Supported Employment Services and training for employment opportunities.  
[www.didlake.org](http://www.didlake.org)

### **Job Corps**

800-733-JOBS

Job Corps is the nation's largest career technical training and education program for young people ages 16 through 24.

Students can earn a high school diploma, a high school equivalency credential, or college credits through Job Corps. We offer career technical training in more than 100 career areas. Students receive housing, meals, basic health care, a living allowance, training, and preparation for a career, all at no cost. For up to 21 months after graduation, a career transition counselor will help your student make the transition from Job Corps into the real world.

### **Madison DSS One-Stop Career Resource Center**

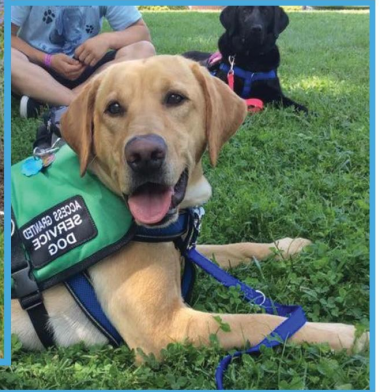
540-948-5521 FAX: 540-948-3762  
101 S. Main Street, Madison, VA 22727

The resource center is open from 8:15am – 4:45pm and is available to all Madison county residents to assist in finding employment. The resource center is not an employment agency but encourages independent job search with multiple resources at your disposal. The following one-stop services are available free of charge: job postings direct from employers, various web pages, assistance with establishing new email accounts and job search Web pages, computer and internet access and referral for free computer classes.





...Performance Guaranteed...



## Our Amazing Service Dogs



### Diabetic Alert Dogs

Type 1 insulin Dependent adults and children.



### Autism Service Dogs

Trained for children on the Autism Spectrum.

### PTSD Service Dogs

Available for veterans and children.



### Seizure Response Dogs

Patients With Seizure Disorders



**INQUIRE AT [WWW.SDWR.ORG](http://WWW.SDWR.ORG)**

*"Our Diabetic Alert Dog did so good today! Couldn't be happier! He alerted ..and..caught two lows and a high. Thank you, everyone at S.D.W.R.... Can't even imagine life without him." - The Dykhouse Family*

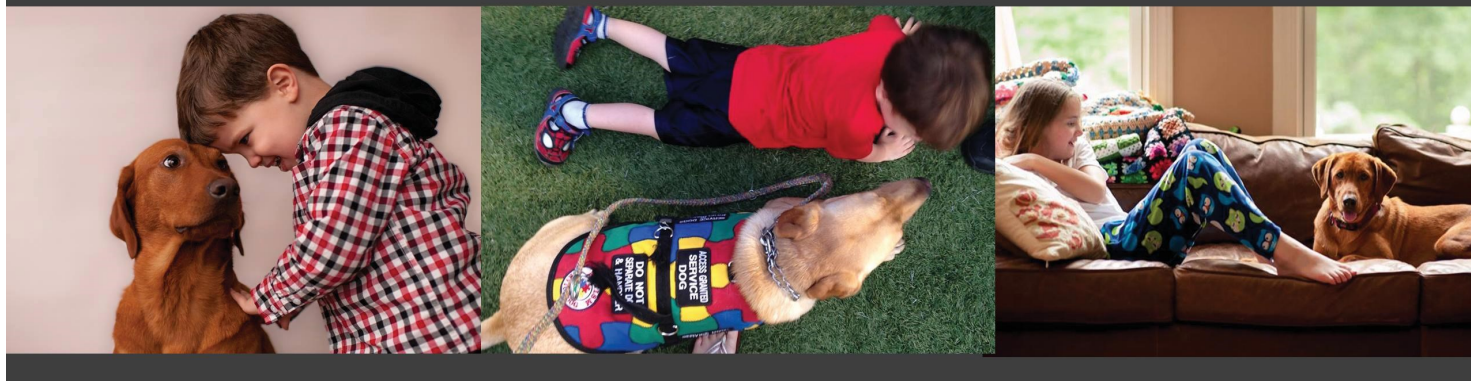
[www.sdwr.org](http://www.sdwr.org) • [info@sdwr.org](mailto:info@sdwr.org)

PTSD Service • Diabetic Alert • Seizure Response • Autism Service

🏠 PO Box 647 Madison, VA 22727 📞 540.543.2307 📠 540.543.2305



HOPE IS GOOD...



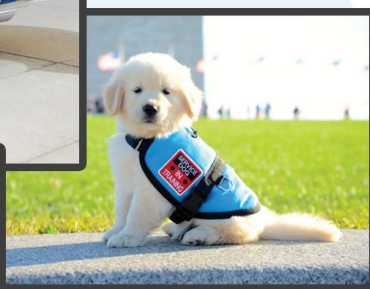
## YOU CAN HAVE AN IMPACT

There are many great options when it comes to donating! Service Dogs by Warren Retrievers is funded solely by donations from generous people like you to sustain our organization and training.

Please feel free to contact us if you would like to make a tax deductible donation to the Service Dogs by Warren Retrievers organization!

[WWW.SDWR.ORG/CHANGE-A-LIFE-DONATE-TODAY](http://WWW.SDWR.ORG/CHANGE-A-LIFE-DONATE-TODAY)

## | Become A Puppy Raiser |



You can touch the lives of those with an invisible disability by being a volunteer family. Host a service dog puppy during its cutest first few months of life. *Apply Online Today!*

[WWW.SDWR.ORG/PUPPY-RAISER-PROGRAM](http://WWW.SDWR.ORG/PUPPY-RAISER-PROGRAM)

*"Charlie, our 10yo daughter's Autism Service Dog, has been a most wonderful therapeutic addition to our family...He provides a wonderful calming, positive energy. Within the first few weeks of his arrival we enjoyed improved behavior, minimal meltdowns, a burst in language, and an improved sleep pattern.*

*He has been at the ready to serve as an emotional support as well as a sensory tool in calming her through emotional outbursts and stressful situations."* - Samantha

Service Dogs by Warren Retrievers is a 501(c)3 Non-Profit Organization

## **Rappahannock Goodwill Industries Culpeper Job Help Center**

540-212-4570

210 E Stevens Street, Culpeper, VA. 22701

Hours: Mon-Fri 9:00am-12:00pm; 1:00pm-5:00pm

Administers the WIOA. Goodwill's mission is "to provide to people with barriers to employment – particularly those with disabilities – an array of quality vocational and education services so that they can work independently." Some of the quality vocational and educational services that Goodwill offers are provided through our Job Help Centers. These centers offer FREE HELP to people in our community in learning/upgrading computer skills, job preparation and job search skills for today's workplace. Resources available in the Centers include: Job Postings; Job Services; Computer Access; Internet Access; Telephone Access; Fax & Copier Access. Goodwill's Job Help Centers' skills training include: Basic Computer Skills; Keyboarding Skills; Application Writing Skills; Resume Design & Preparation; Cover Letter Design & Preparation; Interviewing Skills.

## **Virginia Employment Commission**

434-984-7630 FAX: 434-951-6758

2211 Hydraulic Road Charlottesville, VA, 22901

VEC staff at our Local Offices make available job search assistance to individuals, and recruiting and referral services to employers. Services available to workers include job referral and placement, referral to training, and job search skill building activities. VEC staff can assist employers by screening and referring applicants for job vacancies, providing critical labor market information for business and economic planning, and coordinating Employer Advisory Committee activities across the state.

## **Websites for Job Searches**

[www.ajb.org](http://www.ajb.org)

[www.vaview.vt.edu](http://www.vaview.vt.edu)

[www.careerbuilder.com](http://www.careerbuilder.com)

[www.jobsearchusa.org](http://www.jobsearchusa.org)

[www.americasemployers.com](http://www.americasemployers.com)

[www.dice.com](http://www.dice.com) (specializes in Information Technology jobs)

[www.monster.com](http://www.monster.com)

[www.usajobs.opm.gov](http://www.usajobs.opm.gov)

[www.federaljobsearch.com](http://www.federaljobsearch.com)

[www.simplyhired.com](http://www.simplyhired.com)

[www.hotjobs.yahoo.com](http://www.hotjobs.yahoo.com)

[www.indeed.com](http://www.indeed.com)

[www.jobbankusa.com](http://www.jobbankusa.com)

[www.jobcentral.com](http://www.jobcentral.com)

[www.jobweb.com](http://www.jobweb.com)

[www.job-search-engine.com](http://www.job-search-engine.com)

[www.alljobsearch.com](http://www.alljobsearch.com)

[www.jobs.net](http://www.jobs.net)

[www.jobs.com](http://www.jobs.com)

<http://centralvirginiajobs.com/>

## **FOOD AND NUTRITION**

### **Churches and Organizations Offering Food Assistance**

#### **Clara's House (Community Touch)**

540-439-9300

10499 Jerico Road, Bealeton, VA 22712

The Food Pantry provides food for the hungry in Fauquier, Culpeper, Orange, Madison and other surrounding counties. Hours of Operation: Saturday 10:00am – 12:00pm.

#### **The Church of the Living God**

540-661-0333

13268 James Madison Highway, Orange, VA 22960

Provides food to individuals in need. Hours of Operation: Tuesday 10:00am – 12:30pm

#### **Madison Emergency Services Association, Inc. (MESA) Food Pantry**

540-948-4427

534 S. Main Street, Madison, VA 22727

Provides supplemental food to any eligible Madison County resident in need.

#### **USDA Food Distribution (TEFAP)**

#### **Madison Emergency Services Association, Inc. (MESA)**

540-948-4427

534 S. Main Street, Madison, VA 22727

*Every 4th Saturday at Beth Car Baptist Church 10am-12pm*

A Federal program that helps supplement the diets of low-income Americans, including the elderly, by providing emergency food and nutrition assistance at no cost.

#### **Word of Deliverance**

540-832-5460

3083 E. Spotswood Trail, Barboursville, VA 22923

Provides food to individuals in need. Must provide ID, SNAP participation letter or copy of last wages, physical address and identify number and ages of all individuals in the household. Hours of Operation: Wednesday 9:00am – 12:00pm. Appointment is required.

#### **SHARE Food Network**

Monthly value packages cost just \$21 and include \$40-\$50 worth of basic and healthy groceries, typically made up of 4-5 pounds of frozen protein products, 1-3 grocery items, and 8-9 pounds of fresh produce.

Anyone and everyone may buy as many SHARE packages as they'd like by registering through a location convenient to their office or home neighborhood

**Amissville United Methodist Church**  
540-937-2693 or 540-937-4978  
14760 Lee Highway Amissville, VA 20106

**Remington/Bealeton Senior Center**  
540-439-1039 or 540-439-4004  
Bealeton, VA 22712

## **Nutrition Education**

**Virginia Cooperative Extension**  
540-948-6881 Fax: 540-948-6883  
P.O. Box 10 2nd Floor, War Memorial Building  
Madison, VA 22727

VCE offers programs to help youth, individuals and families make wise nutritional choices, prepare food safely, prevent chronic disease and make necessary lifestyle changes for optimal wellness.

## **Helpful Websites**

[www.kidshealth.org](http://www.kidshealth.org)  
[www.menus4moms.com](http://www.menus4moms.com)  
[www.thenourishinghome.com](http://www.thenourishinghome.com)  
<http://fnic.nal.usda.gov/consumers>  
[www.choosemyplate.gov/](http://www.choosemyplate.gov/)

## **FOUNDATIONS**

**Madison County Education Foundation**  
703-217-0877  
PO Box 1277, Madison, VA 22727

The Madison County Education Foundation is proud to support public education in Madison County, Virginia, both by supporting the Madison County Public Schools and by supporting community wide educational endeavors. MCEF supports education through teacher grants, student scholarships, and a non-profit resource center.

**Northern Piedmont Community Foundation**  
540-349-0631 Fax: 540-349-0633  
102 South Main Street, Suite 207, Culpeper, VA 22701

The Northern Piedmont Community Foundation is a public charity that builds philanthropic capital to enhance and preserve the quality of life in Culpeper, Fauquier, Madison and Rappahannock Counties and to strengthen the region's Nonprofit organizations. Community foundations are among the fastest growing sectors of modern American philanthropy, and here in the northern Piedmont, we serve ordinary citizens—individuals, families, nonprofits, and corporate heads—by keeping at the forefront the vision of making a better life for our communities both now and for future generations. [www.npcf.org](http://www.npcf.org)

## **FUEL AND UTILITY ASSISTANCE**

**Madison Department of Social Services**  
540-948-5521 Fax: 540-948-3762  
101 S. Main Street, Madison, VA 22727

Energy Assistance programs help with the cost of home heating or cooling in certain circumstances. See longer Madison County Department of Social Services entry in separate section for details. To apply for Energy Assistance, go on-line to <https://commonhelp.virginia.gov> or call the Madison office.

**Madison Emergency Services Association, Inc. (MESA)**  
540-948-4427  
534 S. Main Street, Madison, VA 22727

**Rappahannock Electric Cooperative**  
800-552-3904

If you need to contact REC concerning your electric bill payment, follow these options:  
In the event of an emergency ALWAYS press 1.  
Payment Extension 2-1-3 Use this option if you are able to make your payment in full, but need to extend your due date. Customer Service Representative 2-1-0 Use this option to connect to a customer service representative if you are unable to make your payment in full; are having difficulty making a payment; if you need assistance with an unusually high electric bill; or for additional help.

## **GOVERNMENT**

### **Madison County Government Agencies**

**Animal Control** .....540-948-6945  
4590 Shelby Road (P.O. Box 705)  
Madison, VA 22727

**Building Inspection** .....540-948-6102  
414 N. Main Street (P.O. Box 1206)  
Madison, VA 22727

**Commissioner of the Revenue** .....540 948-4421  
414 N. Main Street (PO Box 56)  
Madison, VA 22727

**Commonwealth's Attorney** .....540-948-7000  
15 Court Square (PO Box 450)  
Madison, VA 22727

**County Administrator**.....540-948-7500  
302 Thrift Road (PO Box 705)  
Madison, VA 22727

**Economic Development & Tourism** 540-948-4455  
110 N. Main Street, Madison, VA 22727

**Erosion & Stormwater Control** .....540-948-6102  
414 North Main St. (PO Box 1206), Madison, VA  
22727

**Finance Department**.....540-948-8938  
302 Thrift Road (PO Box 705), Madison, VA 22727

**Parks & Recreation**.....540-308-1247  
PO box 435 Madison, VA 22727

**Sewer Treatment Plant**.....540-948-3149

**Transfer Station and Recycling** .....540-948-3938  
4592 Shelby Road (PO Box 705)  
Madison, VA 22727

**Treasurer** .....540-948-4409  
114 N. Main Street (PO Box 309)  
Madison, VA 22727

**Voter Registrar** .....540-948-6533  
302 Thrift Road (PO Box 267), Madison, VA 22727

**Water Treatment Facility**.....540-948-4373

**Zoning**.....540-948-7599  
414 N. Main Street (P.O. Box 1206),  
Madison, VA 22727

### **Local Government**

**Madison Town Council** .....540-948-6717

### **General Assembly Representatives**

#### **State Delegate – 30th District**

The Honorable Ed Scott  
540-825-6400 FAX: 540-825-6649  
206 S. Main Street, Suite 203, Culpeper, VA 22701

#### **State Senator – 24th District**

The Honorable Emmett W. Hanger, Jr.  
540-885-6898  
PO Box 2, Mount Solon, VA 22843

### **Congressional Representatives**

#### **U.S. House of Representatives, 5th District**

The Honorable Robert Hurt  
202-225-4711  
125 Cannon HOB, Washington, DC 20515

#### **United States Senator**

The Honorable Tim Kaine  
202-224-4024 FAX: 202-228-6363  
231 Russell Senate Office Bldg., Washington, DC  
20510

#### **United States Senator**

The Honorable Mark Warner  
202-224-2023  
475 Russell Senate Office Bldg., Washington, DC  
20510

## **HOSPICE AND IN-HOME CARE**

Hospice care focuses on maintaining quality of life during the last chapter of a person's life. In most cases, it is paid for by Medicare. A physician's referral is required to start hospice care. Hospice provides support to the patient and family by keeping the patient as comfortable as possible, while maintaining his or her dignity and quality of life and allows the patient to remain at home as long as possible.

### **Hospices Serving Madison County Hospice of the Piedmont**

434-817-6900

675 Peter Jefferson Pkwy., Ste 300, Charlottesville, VA

**Founded** in 1980, Hospice of the Piedmont is the only community-based nonprofit hospice organization serving central and northern Virginia. We serve the counties of Albemarle, Augusta, Buckingham, Culpeper, Greene, Fauquier, Fluvanna, Louisa, Madison, Nelson, Orange, Rappahannock, and the city of Charlottesville. Hospice of the Piedmont provides high-quality, compassionate care to terminally ill patients and their families, plus grief support for community members coping with the death of a loved one. Hospice of the Piedmont is committed to providing care and support services to all members of our community regardless of their ability to pay.

### **Legacy Hospice**

434-970-7776 FAX: 434-970-7773

500 Faulconer Dr. Ste 100, Charlottesville, VA 22903

<http://legacy-hospice.com>

Legacy provides a special way of caring for people with a life limiting illness and for their loved ones. Our goal is to maximize quality of life, so you can enjoy time with those who mean the most to you. At Legacy, the needs of our patients and their families come first. We work closely with doctors and nurses in the community to support the care of seriously ill patients and to relieve suffering

### **Medi Home Health & Hospice**

434-244-0890

1540 Insurance Lane Bldg. E, Ste A Charlottesville, VA 22911

A specialized program of care provided for patients and their families who are facing life limiting illnesses. The philosophy is to relieve pain and other symptoms associated with life-limiting illness. Provides medically directed, nurse coordinated care and support for the patient and family. Based primarily in the home, enabling families to remain together in peace, comfort, and dignity.

## **In-Home Health Services and Personal Care**

When an Individual is stricken with a debilitating disease such as dementia or cancer, families may need in-home assistance. In some cases, a doctor may write a prescription qualifying a patient for in-home medical visits. In other cases, families may turn to a non-medical personal care agency, or to a company that provides both. This section lists the public agencies, nonprofit organizations and private companies working to meet the wide range of in-home care-giving needs.

### **Acti-Kare Responsive In-Home Care**

540-727-0024 Available 24/7

Acti-Kare Responsive In-Home Care is committed to providing compassionate caregivers for your loved one. We provide non-medical personal and companion care. Our services include but are not limited to: Home companionship, light housekeeping, laundry, meal preparation, medication reminders, transportation, respite care, shopping, assist with bathing, live-in, 24/7 and we excel with Alzheimer and Dementia care. Our caregivers are screened, bonded and insured and have the highest level of compassion to provide the care to your loved one while remaining in their home. We are a private pay service and accept Long Term Care Insurance.

### **Amedisys Home Health of Fredericksburg**

540-371-7422 FAX: 540-371-7466

200 Executive Ctr. Pkwy., Ste 100, Fredericksburg, VA 22401

Whether you are recovering from surgery or illness, or living with an on-going condition like diabetes or heart problems, at Amedisys Home Health Care in Fredericksburg, we are focused on helping you recover, live as independently as possible and manage your disease. Our nurses, therapists and aides can deliver the care you need where you need it most: at home. [www.amedisys.com](http://www.amedisys.com)

### **Americare Plus**

866-735-0335 FAX: 540-661-0277

321 North Madison Road, Orange, VA 22960

Virginia's premier family owned personal care agency caring for adults and children in the comfort and security of their home. Services by Design include short term, respite, long term, 24/7, live-in, and holidays. Supervision, housekeeping, meals, medication reminders, transportation, errands, mother's helper, pet assistance and assistance with all activities of daily living. Accepting Private Pay, Veterans Aide and Attendant, Commonwealth Coordinated Care, Long Term Care Policies, Worker's Compensation and all Medicaid Waivers. State Licensed, bonded, insured, and complete back ground checks.



**At Home Care Staffing**

434-327-4610 FAX: 804-612-3706  
 195 River Bend Dr., Ste 6, Charlottesville, VA 22911  
[www.athomecarestaffing.com](http://www.athomecarestaffing.com)

When daily tasks are difficult to complete, there is an option for you. Each member of our licensed team is committed to providing you with the best care to meet your individual needs. We take pride in being able to make your golden years comfortable.

Since opening our doors, we have found that individuals live longer and happier lives when they are allowed to live in the comfort of their own home. We work hard to give you your independence as you age. Our care services include Medicaid Personal Care, Private Pay Personal Care, Care Transitions, Transport Services, Bathing, Dressing, & Grooming Assistance, Meal Preparation, Light Housekeeping, Personal Laundry Assistance, Transportation for Errands, Medication Reminders. Case Management. And Respite Care.

**Blue Ridge Caregivers, Inc.**

540-825-1819  
 206 S Main St Ste 302, Culpeper, VA 22701

Non-medical home care services in the counties of Culpeper, Fairfax, Fauquier, Madison, Orange, Prince William (including the City of Manassas), Rappahannock, Spotsylvania (including the City of Fredericksburg), and Stafford, Virginia. Our Caregivers provide compassionate and dependable assistance: In-home companionship; Nutritious meal preparation; Light housekeeping; Laundry; Errand services; Grocery shopping; Transportation services (e.g., doctors' appointments); Recreational activities; Grooming and dressing supervision, and Medication reminders. In addition to the above, Blue Ridge Caregivers also provides Personal Care Services including: Bathing, Dressing, Toileting/Incontinence, Mobility/Transferring and Ambulation and Eating/Feeding.

**Encompass Home Health**

434-202-7138  
 199 Spotnap Road Ste. 3, Charlottesville, VA 22911  
[www.ehhi.com](http://www.ehhi.com)

We offer a full range of clinical home health services for adults and children, including Skilled Nursing, Physical, Occupational and Speech Therapy, Medical Social Work, Home Health Aides, Orthopedics, Balance and Fall Prevention, Cardiopulmonary, Diabetes Management, Community Care Program

**Home Instead Senior Care**

540-825-7180  
 1300 Sunset Lane, Suite 3220, Culpeper, VA 22701

Home Instead Senior Care provides non-medical in-home assisted living services to help family caregivers

and support older adults who want to stay in their homes as long as possible. Assistance includes meal planning and preparation, laundry, light housekeeping, errands/transportation, companionship, assistance with personal care such as bathing, companionship, assistance with personal care such as bathing, dressing and toileting, short-term recovery assistance, respite and Alzheimer's/dementia care. Long term care insurance and the Veterans Administration Aid & Attendance benefit will often pay for our services.

**Hope In-Home Care**

540-718-9003 FAX: 877-417-2262  
[www.hopeinhomecare.org](http://www.hopeinhomecare.org)

Provides skilled care as well as affordable personal care in the comfort of your own home. 24 Hour on-call assistance, high quality care from certified, licensed, skilled professional staff.

**Interim Health Care**

434-295-5501  
 103 So. Pantops Dr., Ste 205, Charlottesville, VA 22911

We improve people's lives through non medical personal care & support for seniors, respite, skilled nursing and home based therapy services. Our mission is to improve people's lives and that is what we do every day! [www.interimhealthcare.com](http://www.interimhealthcare.com)

With a broad range of expertise, our trained professionals offer comprehensive home nursing & skilled care, senior care, respite and supportive services that are cost effective and tailored to the needs of the individual client. Whether you need help for a short time after you come home from the hospital or you're a senior and you need assistance in performing the tasks of daily living like bathing, grooming or meal preparation, Interim HealthCare is here for you and your family. We're ready to listen, take care of your needs and discuss the many services and care we can provide.

**Medi Home Health & Hospice**

434-244-0890  
 1540 Insurance Lane Bldg. E, Ste A Charlottesville, VA 22911

We are committed to caring for and educating patients, to live as independently as possible. Home health care is appropriate whenever a person is homebound, but needs ongoing care that cannot easily or effectively be provided solely by family and friends. As physical capabilities diminish, more people are electing to live independent lives and receive care in their home, which may be covered 100% by Medicare. As hospital stays decrease, increasing numbers of patients need highly skilled services when they return home. With our full line of products and services, our home health agencies can truly provide for ALL of their patients needs!



### **Senior Helpers**

866-584-7011

3040 Berkmar Dr., Ste. B, Charlottesville, VA 22901

Once you have determined that your elderly loved one needs assistance, it is important to honor their wish to remain happy and independent in their own home. But for your own peace of mind, you need to know that they are completely safe and cared for in all situations. Even when you are close to a senior family member, it can be difficult to know their specific needs. And in some cases, they might be apprehensive to mention their more personal needs.

The complimentary, initial in-home care interview with a Senior Helpers consultant can help you survey your options. Together you can discuss your loved one's needs and our services to determine what is best for your entire family. [www.seniorhelpers.com](http://www.seniorhelpers.com)

### **Sentara Home Care Services**

800-HOMECARE

Sentara Home Care Services provides a full spectrum of home care services to meet the individual needs of patients. In the past, many of our patients would have had to remain in the hospital for therapy. But today, the highly skilled team of clinicians with Sentara Home Care Services partners with individual physicians to coordinate the multiple therapies and services each patient may require – from skilled nursing care and infusion therapy to respiratory care and medical equipment. Our patients also benefit at home from much of the same advanced technology available in Sentara hospitals.

### **UVA Continuum Home Health Care**

800-336-4040 FAX: 434-984-1029

[www.uvahealth.com](http://www.uvahealth.com)

Our home care service is backed by the full resources and expertise of the University of Virginia Health System and its doctors and health care professionals. We offer a variety of services Home Health Care Nursing, Physical, Speech and Occupational Therapy, Social Work, Home Health Aides, Home Infusion, Pharmacy, Psychiatric Nursing, and Pediatric Care.

### **Helpful Websites**

[www.care.com](http://www.care.com)

[www.eldercare.gov](http://www.eldercare.gov)

[www.homehealthcareagencies.com](http://www.homehealthcareagencies.com)

## **HOUSING: GENERAL**

### **Community Energy Conservation Program**

434-293-3777

Get energy conserving updates for the homes of low-income clients, including heating or air conditioning system repair or replacement for residents of the counties of Greene, Madison, and Orange.

### **Community Housing Partners**

540-382-2002 FAX: 540-382-1935

448 Depot Street NE, Christiansburg, VA 24073

CHP's weatherization services reduce energy costs for families by improving the energy efficiency of their homes, while also assessing and eliminating related health and safety issues. CHP's weatherization services are for low-income families, particularly for households with elderly residents, individuals with disabilities, and families with children. Households are typically qualified based on income and recipients must be residents of the state of Virginia. Please contact CHP to see if you qualify.

### **Foothills Housing Corp.**

(Fauquier Housing Corporation)

540-341-2805 or 540-948-3274

47 Garrett St, Ste 205, Warrenton, VA 20186

There are eligibility requirements for all programs. Indoor Plumbing & Repair, this program works with low-to-moderate income, owner-occupied homes to install first time wells and/or drain fields; and in addition, correcting other health and safety deficiencies in the dwelling. Repairs include upgrading all systems (electric, structural, water, waste-water, heat) and also providing handicap accessibility as needed. Ramp Lending: Aluminum, ADA approved, temporary ramps are available for handicap residents. Energy Efficient Loans (EEL): This program provides zero-interest, forgivable loans for energy audits and energy efficient upgrades.

[www.fauquierhousing.org](http://www.fauquierhousing.org)

### **Foothills Housing Network**

540-829-7450

[www.foothillshousing.org](http://www.foothillshousing.org)

The Foothills Housing Network is the partnership of organizations working to prevent and end homelessness with the counties of Culpeper, Fauquier, Madison, Orange and Rappahannock.

**Habitat for Humanity**

540-948-3200

PO Box 171 Madison, VA 22727

Madison County Habitat for Humanity is part of a global, nonprofit housing organization operated on Christian principles that seeks to put God's love into action by building homes, communities and hope.

Madison County Habitat for Humanity is dedicated to eliminating substandard housing locally and worldwide through constructing, rehabilitating and preserving homes; by advocating for fair and just housing policies; and by providing training and access to resources to help families improve their shelter conditions. Habitat for Humanity was founded on the conviction that every man, woman and child should have a simple, durable place to live in dignity and safety, and that decent shelter in decent communities should be a matter of conscience and action for all.

**Skyline Community Action Partnership – Housing Choice Vouchers**

540-948-2237

532 South Main Street Madison, VA 22727

Formerly known as Section 8, the Housing Choice Voucher program assists eligible families with safe, affordable housing through a subsidized voucher or certificate program that provides financial help with monthly rental and utility payments. Skyline CAP, Inc. administers this program in Madison, Greene and Orange counties for Virginia Housing Development Authority (VHDA) funded through the U.S. Department of Housing and Urban Development (HUD). The voucher allows household to live in a home of their choosing as long as it meets standards for safety determined by the U.S. Department of Housing and Urban Development. [www.skylinecap.org](http://www.skylinecap.org)

**USDA Rural Development**

540-825-4200 FAX: 540-825-1655

351 Lakeside Drive, Culpeper, VA 22701

[www.rurdev.usda.gov/va](http://www.rurdev.usda.gov/va)

The USDA Rural Development provides single family housing loans and grants. Single Family Housing Programs provide home ownership opportunities to low- and moderate-income rural Americans through several loan, grant, and loan guarantee programs. The programs also make funding available to individuals to finance vital improvements necessary to make their homes decent, safe, and sanitary.

The Multi-Family Housing Programs offer Rural Rental Housing Loans to provide affordable multi-family rental housing for very low-, low-, and moderate-income families; the elderly; and persons with disabilities. This is primarily a direct mortgage program, but funds may also be used to buy and improve land and to provide necessary facilities such as water and waste disposal systems. In addition,

deep subsidy rental assistance is available to eligible families.

**VHDA**

804-782-1986

VHDA is a self-supporting, not-for-profit organization created by the Commonwealth of Virginia in 1972, to help Virginians attain quality, affordable housing. VHDA provides mortgages, primarily for first-time homebuyers and developers of quality rental housing. We also teach free homeownership classes, and help people with disabilities and the elderly make their homes more livable. VHDA works with lenders, developers, local governments, community service organizations and others to help put quality housing within the reach of every Virginian. [www.vhda.com](http://www.vhda.com)

**HOUSING: APARTMENTS & RENTALS****Ann Wingfield Commons**

540-825-7434

201 N E St., Culpeper, VA 22701

Low income apartments. 1, 2 and 3 bedrooms.

**ARMI**

540-347-1901

10 Rock Pointe Lane, Warrenton, VA 20186

[www.armiva.com](http://www.armiva.com)

Rental apartments and houses in Fauquier, Culpeper, Orange and Prince William

**Belle Courts Apartments**

540-825-6025

704 Belle Court, Culpeper, VA 22701

**Belleview House**

804-782-9444

222 Belleview Ave, Orange, VA 22960

Belleview House is located in Orange, Virginia and is owned by Belleview LP. This Low Income Housing (LIH) project has been in service since 2001 and has a total of 36 low income units, which is slightly less than other LIH properties.

**Chestnut Forks**

540-825-0224

817 Main Street Culpeper, VA 22701

Culpeper Commons

540-317-3816

1301 Spring Meadow Lane Culpeper, VA 22701

[www.culpepercommonsva.com](http://www.culpepercommonsva.com)

When it comes to selecting the perfect home, one size doesn't fit all, so we offer both two and three bedroom floor plans.

**East Gate Apartments**

540-832-5837

19302 Ashlawn Dr., Gordonsville, VA 22942

East Gate Apts is an apartment community containing 24 rental units. East Gate Apts provides USDA rental subsidies to renters.

**Friendship Heights**

540-825-5050

500 Concord Place Culpeper, VA 22701

[www.friendshipheightspts.com](http://www.friendshipheightspts.com)

Conveniently located off of Route 29 and just minutes away from the Town of Culpeper. Friendship Heights offers a friendly neighborhood feel in a country setting. 1, 2 & 3 Bedroom Floorplans.

**Germanna Heights Apartments**

540-423-1090

35059 Germanna Heights Dr., Locust Grove, VA 22508

Germanna Heights was developed and operates with Federal housing financing. The property utilizes the Low Income Housing Tax Credit Federal housing program to make rent affordable to lower income tenants.

**Heritage Hill Apartments**

540-672-2472

235 Spicers Mill Rd., Orange, VA 22960

The property participates in the USDA Rural Development Rental Assistance program. This rental subsidy, available only to USDA Section 515 properties, insures renters only pay 30% of their adjusted income toward rent. 60 apartment units at Heritage Hill Apts receive rental assistance. 100% of the units at Heritage Hill Apts have Rental Assistance. 74% of Virginia Section 515 units and 65% of Section 515 units across the country are assisted with Rental Assistance

**J&J Realty**

540-825-1234

602 S. Main Street #3, Culpeper, VA 22701

[www.jandjrealestateltd.com](http://www.jandjrealestateltd.com)

We currently manage approximately 500 rental units, consisting of apartments, townhouses, duplexes, and single family homes. We serve Culpeper, Madison, Rappahannock, Fauquier, Fredericksburg, and Shenandoah Valley

**Madison Duplex Units**

Skyline Community Action Partnership

540-948-2237 x 200

Newly renovated units on Duplex Lane in Madison. No income or age restrictions. Rent is \$750 per month. Trash removal is included in the rent. No smoking.

No pets. Skyline CAP, Inc. administers the Housing Choice Voucher rental assistance/Section 8 program and welcomes program participants.

**Meadowbrooke Heights Apartments**

540-825-8223

501 Meadowbrooke Lane, Culpeper, VA 22701

**Mt. Run Apartments**

540-825-8850

608 Claire Paige Way, Culpeper, VA 22701

**Northridge Apartments**

540-825-6300

15200 Ira Hoffman Lane, Culpeper, VA 22701

Surrounded by historic landmarks, rolling hills, and picturesque rivers and lake, Northridge Apartments naturally blend into the culturally rich Culpeper community. Enjoy the limitless dining and shopping options of vibrant downtown Culpeper that are within walking distance of your Culpeper apartment. Northridge Apartments is comprised of two communities - The Greens, which meets family apartment home needs, and The Meadows, senior living apartments for those 55 and better. We're sure we can assist you in finding the perfect Culpeper apartment. [www.northridgeapthomes.com](http://www.northridgeapthomes.com)

**Oakbrook Terrace**

540-672-6791

109 Oakbrook Drive, Orange, VA 22960

**Parkview Apartments**

540-661-1303

14827 Porterfield Dr., Orange, VA 22960

This apartment community was built in 2005 and has 2 stories with 64 units.

**Piedmont Realty**

540-825-9300

207 N. Main Street, Culpeper, VA 22701

[www.piedmontrealtyofvirginia.com](http://www.piedmontrealtyofvirginia.com)

Our rental units (commercial and residential) are all family owned and operated. Your rental unit is managed as if we were living in it ourselves.

**Poplar Ridge Apartments**

540-948-5135

16 Courthouse Mtn. Rd., Apt 117, Madison, VA 22727

**Round Hill Meadows Apartments**

540-672-4827

7102 North Street, Orange, VA 22960

Round Hill Meadows-brand new apartment community centrally located in the heart of Orange, Virginia. You will find Round Hill Meadows comprised of two separate communities-Round Hill Meadows and Round Hill Meadows Place. Residents are sure to find

everything they could want in a new home. Round Hill Meadows is situated in an idyllic rural setting, offering residents easy access to shops and business. Only minutes to historic downtown, this property offers residents a one of a kind experience. Round Hill Meadows is the only community to offer luxury affordable rental housing. The large apartment homes are unlike any in the surrounding area. Friendly and professional staff is on-site to assist residents with their housing needs.

### **Skyline Apartments**

Skyline Community Action Partnership  
434-985-6066

Rent is income based, income limits apply. All appliances are new including washer and dryer. Water, sewer and trash removal are included in the rent. No smoking. No pets. Skyline CAP, Inc. administers the Housing Choice Voucher rental assistance/Section 8 program and welcomes program participants.

### **Spicer's Mill Apartments**

540-672-3250  
129 Park Street, Orange, VA 22960

Originally constructed in 1987, Spicers Mill apartment community comprises 40 rental units in Orange, Virginia.

### **Village of Culpeper Apartments**

540-825-9401  
772 Willis Lane, Culpeper, VA 22701  
[www.villageatculpeper.com](http://www.villageatculpeper.com)

Where luxury living is not an option.....it's standard. With the amenities & home features, village of Culpeper apartments is sure to suit your lifestyle. As a resident, enjoy the community amenities....we are only minutes from shopping, dining, & entertainment.

### **Woodscape Apartments**

540-825-2931  
190 Duke Street Culpeper, VA 22701  
[www.woodscapeapthomes.com](http://www.woodscapeapthomes.com)

Within Minutes of All School Levels...Easy Access to Major Highways...Near Northern Virginia...Nestled within a community just off Route 229, Woodscape Apartments offer the peace of country living with the best of city conveniences. Our affordable spacious apartments are tastefully decorated and are awaiting your arrival. Within minutes of shopping facilities, fine schools, and a wealth of other conveniences. Woodscape offers what you would expect and appreciate in apartment living.

### **Yates Properties**

540-825-7500  
206 S. Main Street, Culpeper, VA 22701  
[www.yatesproperties.com](http://www.yatesproperties.com)

Our residential rentals range from apartments, townhouses, or single family homes. Choose from restored historic downtown properties, suburban multifamily, or homes in the country

### **Helpful Websites**

[www.apartmentguide.com](http://www.apartmentguide.com)  
[www.apartments.com](http://www.apartments.com)  
[www.apartmentfinder.com](http://www.apartmentfinder.com)

## **HOUSING: SENIOR**

Senior Housing apartment or condominium complexes usually restrict residency to those over 55 and offer various supports and sometimes group activities for senior citizens living independently. Other housing options offering increased support and services: assisted living facilities (ALFs) and nursing homes, which can also serve as rehabilitation facilities. Often, one site will offer assisted living and nursing care/ rehabilitation in different sections of the same facility.

### **Housing: Senior Apartments**

**Commonwealth Senior Living at Charlottesville**  
1550 Pantops Place Charlottesville, VA 22901

Commonwealth Senior Living at Charlottesville, a 55 and over senior apartment community, is located in the heart of Charlottesville, Virginia. Our thoughtfully-designed one and two bedroom apartment homes offer residents comfort with a vibrant lifestyle. We bring an uncommon approach to distinctive retirement living, blending understated elegance with personalized service. Tailoring optional services to suit individual needs is just one of the things that sets us apart from the other retirement communities.

### **Culpeper Baptist Retirement Community**

540-825-2411  
12425 Village Loop, Culpeper, VA 22701

We offer five independent living apartment floor plans. Each provides enjoyable, private living space where you can relax or entertain visitors. Housekeeping, utilities and maintenance are included, as well as a 24-hour urgent call system for added safety. In addition, apartment residents enjoy three expertly prepared meals a day in our dining room. All of our apartments are located in the heart of the community so you are minutes away from the dining room, chapel, activity rooms, wellness services, library, beauty/barber shop, convenience store, and more.

### **Jack Russell Apartments**

Skyline Community Action Partnership  
540-948-2237

Newly renovated apartments just for Seniors, ages 55%.

**Meadow Run Apartments**

540-832-5350

601 Knighting Road, Gordonsville, VA 22942

Apartments for 62+ or disabled.

**Northridge Apartments**

540-825-6300

15200 Ira Hoffman Lane, Culpeper, VA 22701

Surrounded by historic landmarks, rolling hills, and picturesque rivers and lake, Northridge Apartments naturally blend into the culturally rich Culpeper community. Enjoy the limitless dining and shopping options of vibrant downtown Culpeper that are within walking distance of your Culpeper apartment.

Northridge Apartments is comprised of two communities - The Greens, which meets family apartment home needs, and The Meadows, senior living apartments for those 55 and better. We're sure we can assist you in finding the perfect Culpeper apartment. [www.northridgeapthomes.com](http://www.northridgeapthomes.com)

**Our Father's House Christian Home**

540-727-8292

15261 Jubilee Rd, Culpeper, VA 22701

A different type of Continuing Care Retirement Community: A small cozy village of individual cottages. A unique ministry type program for assisted living and full care needs. A beautifully landscaped campus with a water fountain, gardens, walk ways, park benches and a pond with ducks and a gazebo

**Woods Edge Apartments**

829 Mallside Forest Court, Charlottesville, VA 22901

Call us today to find out about our current specials. With so many amenities and features, we are sure you will enjoy calling Woods Edge Home! We are partnered with the Jefferson Area Board for Aging (JABA).

Discover Woods Edge's perfect setting with breathtaking views in one of Albemarle County & Charlottesville locations. Delight in year-round sports and recreational activities such as swimming, hiking, biking and golfing. Enjoy a renewed sense of freedom in your new maintenance free apartment home. Have time to take advantage of many services offered in our Resident Learning Center such as, Computer learning with high speed internet, social and educational activities and programs, fitness center, and beauty/barber salon.

**Housing: Senior Assisted Living**

Assisted Living, the largest growing type of senior housing, provides a special combination of residential housing, personalized supportive services and health care designed for the individual needs of those who require help with activities of daily living (dressing, bathing, grooming, etc.), but do not require the skilled medical care provided in a nursing home. Services and level of care will vary but most provide assistance with daily activities, meals, laundry and housekeeping.

**Amerisist****Culpeper**

540-825-4500 FAX: 540-825-4290

215 Southridge Parkway, Culpeper, VA 22701

**Orange**

540-661-3333 FAX: 540-661-3341

680 University Lane, Orange, VA 22960

Amerisist Assisted Living provides a quality carefree living for today's seniors with the comforts and warmth of home. Amerisist is a place where respect, caring and friendship are qualities of daily life. Amerisist offers care for the elderly or disabled in an atmosphere of privacy and safety. Short term respite care is also available.

**Countryside Assisted Living Facility**

540-948-6318

1240 Orange Road, Pratts, VA 22731

**Dogwood Village of Orange County**

540-672-2611

120 Dogwood Lane, Orange, VA 22960

At Dogwood Village of Orange County Senior Living you trade the responsibilities of home ownership for secure surroundings, spacious social areas and a host of activities. You enjoy numerous amenities as you are pampered in the beauty shop and have your laundry delivered to your room. Dining is hosted on the third floor with a view of the Blue Ridge Mountains to the South and an atmosphere of hospitality and social interactions.

**Evergreene Manor**

118 William Mills Drive

Stanardsville, VA

**Our Father's House Christian Home**

540-727-8292

15261 Jubilee Rd, Culpeper, VA 22701

A different type of Continuing Care Retirement Community: A small cozy village of individual cottages. A unique ministry type program for assisted living and full care needs. A beautifully landscaped campus with a water fountain, gardens, walk ways, park benches and a pond with ducks and a gazebo.

**Renaissance Assisted Living**

434-985-4481

422 William Mills Drive Stanardsville, VA 22973

Whether your loved one needs routine assistance with daily living tasks or specialized care due to Alzheimer's or memory disorders, Renaissance Assisted Living and The Harbor at Renaissance offers the Charlottesville, VA region's most complete range of services in a safe, attentive, homelike atmosphere.

**The Village at Gordon House**

540-832-2286

501 North Main Street, Gordonsville, VA 22942

The Village at Gordon House has served the community for over 25 years and continues to offer personal, professional care within the embrace of a comfortable senior community. The Village at Gordon House is a place where comfort meets compassion. A place where "taking care" is more than a phrase—it's a commitment and a promise. Focused on wellness and independence, we develop a tailored plan of assistance with residents and their families. Our goal is to determine and provide the appropriate level of care that encourages independence and enable individual freedom.

**Housing: Senior/Nursing Homes****Autumn Care**

540-948-3054

One Autumn Court, Madison, VA 22727

Autumn Care of Madison now offers 84 certified beds that can accommodate most of the medical needs of short and long term residents. The new Wing has 16 private suites with its own spaces for dining and lounging. A state-of-the-art therapy gym with new equipment and a full-service kitchen and bath promote excellent rehabilitation. We also now offer outpatient therapy services with a special entrance for access that is easy and convenient.

**Culpeper Health & Rehabilitation Center**

540-825-2884

602 Madison Road, Culpeper, VA 22701

In addition to our short-term rehabilitation services, we are also focused on the needs of patients who require lengthier stays and have designed our center to ensure their comfort and well-being. Most importantly, patients will be in an environment where they feel at home and where our staff goes out of their way to get to know them personally. We are also skilled in assisting family members who are faced with the often difficult process of making choices for loved ones and can help with hospice and respite care services if needed.

**Dogwood Village of Orange County**

540-672-2611

120 Dogwood Lane, Orange, VA 22960

At Dogwood Village of Orange County a tradition of excellence has been established as residents have enjoyed quality care since 1970. Activity staff is eager to offer a wide variety of socials including tea parties, birthday celebrations and bus rides. Gardening, church services and exercise classes are some of the residents' favorites. Group entertainment is also available with ballroom dancers, country music groups and bingo. Volunteers play an important role in the facility as they assist with activities on a daily basis.

**Evergreene Nursing Care Center**

434-985-4434

355 William Mills Drive

Stanardsville, VA 22973

Evergreene Nursing Care Center is a nursing home facility, located in Stanardsville, VA 22973. Nursing home facilities are for elderly people with chronic health conditions or injuries that require long-term care, constant monitoring and 24-hour-a-day availability of doctors, nurses and health care aides.

**Mountain View Nursing Home**

1776 Elly Road

Aroda, VA 22709

Mountain View Nursing Home is a nursing home facility, located in Aroda, VA 22709. Nursing home facilities are for elderly people with chronic health conditions or injuries that require long-term care, constant monitoring and 24-hour-a-day availability of doctors, nurses and health care aides.



*Grace*  
RETIREMENT VILLAGE

Conveniently located in historic Stanardsville at the foothills of the Blue Ridge Mountains, Grace Retirement Village is a beautiful healthcare community designed specifically to meet the needs of seniors at multiple levels of care.



*Grace*  
HEALTH and REHAB  
of GREENE COUNTY

Grace Health and Rehab is the premier skilled nursing facility in the Northern Piedmont region.

355 William Mills Drive  
Stanardsville, VA 22973  
434-985-4434  
gracehcgreencounty.com



**R**  
**RENAISSANCE**  
ASSISTED LIVING  
of GREENE COUNTY

The beautifully renovated assisted living campus welcomes residents with the open arms of its trusted and experienced caregivers.

118 William Mills Drive  
Stanardsville, VA 22973  
434-985-4481  
renaissancealf.cc



**The Harbor**  
at Renaissance of Greene County  
A Premier Memory Care Center

The Harbor at Renaissance has been specifically designed to meet the needs of seniors with Alzheimer's and other forms of dementia.

422 William Mills Drive  
Stanardsville, VA 22973  
434-985-4481  
theharboralf.cc



## **HOUSING: TRANSITIONAL AND EMERGENCY HOUSING**

### **Foothills Housing Network**

Central Intake: 540-724-6630

Foothills Housing Network offers Emergency Housing Services to individuals/households experiencing homelessness and those facing immediate eviction who have no other place to go.

### **Barbara's House – MESA**

540-948-4427

*Madison residents only*

Madison Emergency Services Association (MESA) through Barbara's House can provide shelter for up to five (5) families at a time as well as offer a mentoring program for those facing homelessness.

### **Culpeper Homeless Intervention Program**

540-825-7434

602 S. Main Street Culpeper VA 22701

This shelter accepts families only, no single men.

CCDC, founded in 1988, grew out of a need for emergency housing for the homeless. In 1991 CCDC recognized that the cause of homelessness was due to the lack of safe decent and affordable housing. They have strived to meet this need and at the same time provide the tools for becoming self-sufficient.

### **Culpeper Winter Shelter Program**

540-825-7569

Individuals and families can get dinner, breakfast and a warm place to sleep at night. At 5pm daily, be at the parking lot by the Culpeper Food Closet, behind St. Stephens Episcopal Church, across from the train depot. Transportation to the shelter is around 5:30pm daily. To get into the shelter, you must be sober; you may bring one bag; no alcohol, drugs or weapons.

### **Fauquier Family Shelter Services, Inc. – Services for Homeless**

540-341-0900 FAX: 540-351-0133

95 Keith Street Warrenton, VA 20186

FFS has 52 beds and can accommodate up to 11 families plus 8 single adults at any time.

[www.fauquierfamilyshelter.org/haven.html](http://www.fauquierfamilyshelter.org/haven.html)

### **Mercy House, Inc.**

540-271-1701

Mercy House only serves families with children (under 18) in their custody.

Resident life at Mercy House is all about change and getting better results. We are not a "cookie cutter" organization. Each family and individual has different needs and we strive to meet these needs holistically.

### **Omega Partnership**

540-317-5383

Omega Partnership is involved in many local mission activities, including the only day shelter in the tri county area. We provide shelter during the day, showers, mentoring, and group bible study at our office on West Davis Street in Culpeper.

### **PACEM**

Women's Shelter Phone: 434-465-7521

Men's Shelter Phone: 434-465-1392

Rotating community shelter program in Charlottesville. Space available nightly for 45 men and 20 women. [www.pacemshelter.org/about-pacem/about-pacem](http://www.pacemshelter.org/about-pacem/about-pacem)

### **Salvation Army – Charlottesville**

434-295-4058 ext. 106

217 Ridge Street Charlottesville, VA 22902

The Salvation Army administers the SHARE/ Homeless Intervention Program (HIP) and the Center of Hope – Transitional Housing program at this location. Singles and families are accepted. Applicants must meet the program criteria; a caseworker will determine eligibility.

### **Victory Transitional Housing/Community Touch Inc.**

540-439-9300 or 540-439-4917

The Victory Transitional Housing (VTH) offers transitional housing to homeless families and individuals with a broad range of needs. The program's caseworkers help individuals achieve and sustain a higher quality of life through counseling, resources, life skills classes and money management. To be eligible for the program, you must have employment and a reliable vehicle. When funding is appropriate, CTI will also help with Security Deposit, Rental assistance and Utility payments to homeless families. Financial assistance is available through the Homeless Solution Grant (HSG) for qualified families and individuals. [Fchampion@communitytouchinc.org](mailto:Fchampion@communitytouchinc.org)

## **HOUSING COUNSELING & FORECLOSURE PREVENTION**

### **Skyline Community Action Partnership**

540-948-2237 x230

532 South Main Street, Madison, VA 22727

Skyline CAP, Inc. is a HUD-approved housing counseling agency. Counselors are available to assist with all aspects of buying a home and owning a home. Housing counseling is provided without regard to income, race, religion, or national origin. The Comprehensive Housing Counseling Program at Skyline CAP provides services completely free of charge. Services Include: First-Time Home-Buyers Program, Resolving or Preventing Mortgage Delinquency or Default (Foreclosure Prevention),

Securing or Maintaining Residence in Rental Housing, Shelter or Services for the Homeless, and Fair Housing.

## **LEGAL, LAW ENFORCEMENT, AND CRIMINAL JUSTICE**

### **American Civil Liberties Union**

804-644-8022 FAX: 804-649-2733

701 East Franklin St., Suite 1412, Richmond, VA 23219

The American Civil Liberties Union (ACLU) of Virginia is a private, non-profit organization that promotes civil liberties and civil rights for everyone in the Commonwealth through public education, litigation and advocacy with the goal of securing freedom and equality for all. In addition to the litigation for which the ACLU has been known, we also educate the public, inform the media, lobby legislators, organize grassroots activists, and disseminate information about our constitutional freedoms through our membership and volunteer chapters.

### **Legal Services of Northern Virginia**

866-534-5243

4080 Chain Bridge Rd., 1st Fl., Fairfax, Virginia 22030

Staff and volunteers provide legal advice, brief services, and representation in administrative hearings and in court. They also deliver community legal education and partner with other community agencies, task forces, and coordinated response teams to find innovative solutions to broader problems. We provide services regarding Consumer Law, Elder Law, Family Law, Housing Law, Public Benefits and Child Advocacy & Education Law.

### **Piedmont Dispute Resolution Center**

540-347-6650

3 South Fourth Street, Warrenton, VA 20186

PDRC provides mediation services on a wide array of issues including parent-teen, landlord-tenant, consumer-merchant, elder care, divorce, education and business. Mediators do not take sides or tell people what to do. They are neutral and assist people in discussing what's important to them and how best to resolve the issues. PDRC mediators are certified by the Supreme Court of Virginia. Fees are on a sliding scale and services are intended to be affordable by all who seek them. The Center also offers training and workshops in conflict resolution, effective communications and negotiations for children, youth and adults. PDRC's Restorative Justice Program works with victims of crime and offenders, providing a safe place to meet face-to-face to talk about the harm caused and repairing the harm. Free public speaking is available. [www.piedmontdisputeresolution.org](http://www.piedmontdisputeresolution.org)

### **Legal Aid Works**

540-825-3131 Intake Hotline: 866-534-3131

146 North Main Street, Culpeper, VA 22701

[www.rapplegal.com](http://www.rapplegal.com)

For those who qualify, RLS provides free legal aid in civil matters like family law (custody, support, very few divorces), domestic violence (protective orders), housing (evictions, foreclosures), consumer debt issues (bankruptcy, garnishment), and denial of public benefits (unemployment, food stamps, etc.). See our website for details on how to apply, what we cover, and helpful brochures with basic legal information. Madison County Court Systems

### **Madison Juvenile & Domestic Relations Intake**

540-948-6364

PO Box 470 Madison, VA 22727

Provides intake services, completes home studies for the Court; supervises youth who have been placed on supervised probation.

Madison County Circuit Court 540-948-6888

Madison County General District Court 540-948-4657

Madison County Juvenile & Domestic Relations Court 540-948-4657

Madison County Magistrate 540-672-1087

## **LIBRARIES**

Madison County Public Library

540-948-4720 FAX: 540-948-4919

402 N. Main Street Madison, VA 22727

The Madison County Library provides free books, movies, audio books, internet access and research materials. Hours: Mon./Wed./Fri 10am – 5pm Tue./Thur 10am – 8pm and Saturday 10am – 2pm. [www.madisoncountyvalibrary.org](http://www.madisoncountyvalibrary.org)

## **MEDICAID AND MEDICARE**

Despite the similarity in names, Medicaid and Medicare are two completely different programs. Contact DSS for Medicaid issues. For Medicare issues, including signing up for Part D coverage, contact Rappahannock-Rapidan Community Services at 540-825-3100 and ask for Poppy Foddrell, Aging Support Coordinator at ext 3427.

Medicare is a federal health insurance program for people age 65 or older, people under age 65 with certain disabilities, and people of all ages with end-stage renal disease (permanent kidney failure requiring dialysis or a kidney transplant).

Medicaid provides health coverage to low-income children and provides assistance for some low-income adults, such as pregnant women, parents of dependent children, blind or disabled individuals, individuals under hospice care, individuals age 65 or older, or other medically needed criteria.

In Virginia, the Governor's Department of Medical Assistance Services' (DMAS) is the agency that administers Medicaid and the State Children's Health Insurance Program (CHIP). In Virginia we call our children's program FAMIS. Check out [www.famis.org](http://www.famis.org) to learn more. Call 800-772-9996 or contact the Department of Social Services with questions about Medicaid or FAMIS.

Medicare Part A Hospital Insurance – Most people don't pay a premium for Part A because they or a spouse already paid for it through their payroll taxes while working. Medicare Part B Medical Insurance helps cover doctors' services and outpatient care. Most people pay a monthly premium for Part B. Part D Prescription Drug Coverage – Most people will pay a monthly premium for this insurance; private companies provide the coverage. Beneficiaries choose the drug plan and pay a monthly premium. Like other insurance, if a beneficiary decides not to enroll in a drug plan when they are first eligible, they may pay a penalty if they choose to join later.

A good, complete and free Medicare guide is Medicare & You. Available at [www.medicare.gov](http://www.medicare.gov) or call 800-633-4227 to have a printed copy mailed to you.

## **MEDICAL: CLINICS**

### **Madison Free Clinic**

540-948-3667

410 Main St., Madison, Virginia 22727

Hours: Tuesday, Thursday 4:00PM-7:00PM

Madison Free Clinic in Madison, Virginia offers Medical, Dental Services to Madison County residents.

## **MEDICAL: HOSPITALS**

### **Martha Jefferson Hospital**

434-654-7000

500 Martha Jefferson Drive

Charlottesville, VA 22911

Since its founding more than 100 years ago, Martha Jefferson has constantly evolved to meet the diverse healthcare needs of the patients who trust us with their care. Today, our vision is as clear as it was to our founders. We will continue to set the standard for clinical quality and personalized healthcare services.

Martha Jefferson Hospital offers many advanced clinical services. Services at this Location: Cancer, Diabetes, Digestive Health, Emergency, Heart & Vascular, Imaging, Joint Replacement, Laboratory Services, Maternity, Neurosciences Nutrition, Orthopedics, Outpatient Surgery, Plastic Surgery and Cosmetic Surgery, Spine Surgery, Surgery, Therapy, Thoracic Services, Weight Loss Surgery and Wound Care.

### **Martha Jefferson Hospital Outpatient Care Center**

434-654-4650

3263 Proffit Road Charlottesville, VA 22911

Located in Northern Albemarle County, the Outpatient Care Center at Proffit Rd. provides a freestanding emergency department, imaging and lab services, and a primary care practice, all conveniently located to those who live or work in Northern Albemarle County, Madison County or Greene County.

The Martha Jefferson Outpatient Care Center at Proffit Road offers the following services: Emergency, Lab Services, Imaging, X-Ray, Mammography, Bone Density Testing, Ultrasound, CT Scans and Family Medicine.

### **Martha Jefferson Hospital Primary Care Centers Greene Family Medicine**

434-985-2891

140 Stoneridge Drive South Suite 100 Ruckersville, VA 22968

### **Madison Family Medicine**

540-948-6871

2503 South Seminole Trail Madison, VA 22727

### **UVA Culpeper Hospital**

540-829-4100

501 Sunset Lane, Culpeper, VA 22701

[www.culpeperhealth.org](http://www.culpeperhealth.org)

### **UVA Culpeper Hospital Breast Clinic**

540-829-1919 Fax: 540-829-0019

541 Sunset Lane, Ste 103, Culpeper, VA 22701

Tuesdays and Thursdays 8:30 a.m.-noon

Culpeper gives women who have breast cancer or breast disease convenient access to a team of

pathologists, oncologists, surgical oncologists and radiation oncologists who specialize in diagnosing and treating conditions of the breast.

#### **UVA Culpeper Hospital Cancer Services**

Medical Oncology 540-829-4352

Radiation Oncology 540-829-4271

545 Sunset Lane Culpeper, VA 22701

UVA Culpeper Hospital has been helping your neighbors, friends and family fight cancer and blood disorders since 1985.

#### **UVA Culpeper Hospital Cardiac Services**

540-829-5000

UVA Culpeper Hospital offers a variety of cardiac tests in a comfortable outpatient setting. Our office is conveniently located near the Emergency and Admitting entrance, and flexible scheduling is available.

#### **UVA Culpeper Hospital Family Birth Center**

540-829-4114

501 Sunset Lane, Culpeper, VA 22701

Families in Culpeper, Orange, Madison and the surrounding communities have depended on us for obstetric care for decades. That's because we are committed to providing superior care to mothers and babies in an environment that is comfortable, supportive and family-friendly. In fact, UVA Culpeper Hospital was the first in Virginia to receive the "Baby-Friendly" designation presented by UNICEF (United Nations Children's Fund) and the World Health Organization for our ongoing efforts to ensure babies have the healthiest possible beginnings, which includes breastfeeding education, promotion and support.

#### **UVA Culpeper Hospital Gastroenterology**

866-693-3627

Gastroenterology is the medical specialty that focuses on treating disorders and diseases affecting the digestive tract.

#### **UVA Culpeper Hospital Inpatient Hospitalist Care**

866-693-3627

UVA Culpeper Hospital is extremely proud to offer our patients round-the-clock hospitalist care. A fairly recent addition to the hospital team and the medical field, a hospitalist is a physician who specializes in providing care tailored to the needs of inpatients. As your physician-of-record, he or she oversees every aspect of your hospital stay and is able to rapidly coordinate all of your care needs and react in real-time throughout the day to clinical data and changes in your medical status.

#### **UVA Culpeper Hospital Laboratory**

540-829-4154 Fax: 540-829-4169

501 Sunset Lane, Culpeper, VA 22701

Monday through Friday, 7:30 a.m.-6 p.m.

UVA Culpeper Hospital Laboratory is a full-service clinical and surgical pathology laboratory.

#### **UVA Culpeper Hospital Medical Imaging Center**

General Information: 540-829-4144 Schedule an

Appointment: 540-829-8855

501 Sunset Lane, Culpeper, VA 22701

The Imaging Center is open Monday through Friday, 7 a.m.-6 p.m. and appointments can be made 8:30 a.m.-4 p.m. Our Medical Imaging Center is conveniently located and fully equipped to meet your imaging needs, whether you require a routine mammogram, X-ray, MRI, CT, nuclear medicine scan, diagnostic ultrasound or other imaging test.

#### **UVA Culpeper Hospital Medical Imaging Center**

866-693-3627

Serving Culpeper, Madison, Orange and the surrounding areas for more than 30 years, UVA Culpeper Hospital orthopedic care has established a reputation for excellence. We are ranked among the nation's top 100 for orthopedic surgery overall, and in the top 5 percent for joint replacement.

#### **UVA Culpeper Hospital Outpatient Medical Services**

540-829-5000

501 Sunset Lane, Culpeper, VA 22701

Monday through Friday 8 a.m. – 4:30 p.m.

For those conditions that are chronic or require extended treatment, UVA Culpeper Hospital offers a range of outpatient treatments delivered by specially trained registered nurses. Flexible appointment scheduling is available and we are conveniently located within the hospital, making it easier to manage your health needs over the long term.

#### **UVA Culpeper Hospital Pediatrics**

866-693-3627

From infancy to adolescence, your child's healthcare needs may range from the routine checkup, to treatment for a chronic condition. At every step along the way, you can count on UVA Culpeper Hospital to provide high-quality care that is family-focused and mindful of each child's overall wellbeing.

#### **UVA Culpeper Hospital Physician Referral**

866-693-3627

UVA Culpeper Hospital works with a diverse network of care providers to ensure our patients have access to a variety of medical specialties. For more information about the medical staff who partner with UVA Culpeper Hospital, please call our physician referral line.

**UVA Culpeper Hospital Primary Care**  
866-693-3627

Our primary care providers — including family doctors, internal medicine doctors and pediatricians — as well as nurse practitioners and physician assistants. All have excellent credentials and provide medical leadership in our community and in healthcare and professional organizations across the region.

**UVA Culpeper Hospital Pulmonary Care**

Pulmonologists specialize in diagnosing and treating diseases and disorders of the respiratory tract. This may include wheezing, recurrent pulmonary infections, coughing and other lung diseases, as well as sleep disorders caused by breathing problems, such as sleep apnea.

**UVA Culpeper Hospital Rehabilitation Services**

**Inpatient Rehabilitation Services**

540-829-4165  
501 Sunset Lane, Culpeper, VA 22701

**Outpatient Rehabilitation Services  
Culpeper | Powell Wellness Center**

540-829-4162  
1005 Golf Dr. Culpeper, VA 22701

**Madison**

540-948-3620  
1480 N. Main St., Suite B Madison, VA 22727

**UVA Culpeper Hospital Surgical Services**

866-693-3627

Whether your surgery is an outpatient procedure or one requiring a hospital stay, our compassionate and highly skilled surgical staff is here every step of the way, from preparing you for your procedure to helping you on your road to recovery. We have three hospital-based operating rooms, all of which are fully equipped with the latest technology.

At UVA Culpeper Hospital, our surgical team supports both UVA surgeons as well as community providers. Surgeries are performed in the UVA Culpeper Hospital operating rooms, as well as in the Culpeper Surgery Center. From minimally invasive spine surgery and joint replacement to Cesarean section, the surgical team at UVA Culpeper Hospital has you covered, right here in our community.

**UVA Culpeper Hospital Urology Services**

866-693-3627

UVA Culpeper Hospital supports urologists in the community who can diagnose and manage a broad range of urological conditions.

**UVA Orange Dialysis Facility**

540-661-3011  
661 University Lane, Suite E, Orange, VA 22960

Dialysis Services Mon – Fri 9:00am – 5:00pm

**MEDICAL:  
GENERAL/MISCELLANEOUS**

**American Cancer Society**

(540)-434-3360  
20 Neff Avenue, Suite 210  
Harrisonburg, Virginia 22801  
Hours: 8:30 a.m. - 5:00 p.m.

Your local American Cancer Society office is your source for the most relevant information to help guide you. Appointments are needed for all services to ensure we have the right people available to meet your needs. Hours and services vary by location. You can always call our Cancer Information Specialists at 1-800-227-2345, 24 hours a day, every day of the year to connect with our valuable services and resources.

**American Heart Association**

800-242-8721  
4217 Park Place Ct. Glen Allen, VA 23060  
www.heart.org

Our mission is to build healthier lives, free of cardiovascular diseases and stroke.

**Cancer Connections**

540-829-8807

For each person diagnosed, cancer is a unique experience. No two people will travel the same journey during and after cancer treatment. We're here to help patients and survivors connect with others in the cancer community to find support, education and resources. Our scheduled speakers and friendly group members share hope by sharing knowledge. Meets the second Thursday of every month at 12:00pm in the UVA Hospital Conference Room.

**Diabetes Support Group**

540-829-8867

On-going, free support group meets the first Tuesday of every month at 7:00pm in the Culpeper Regional Hospital Board Room.

**Epilepsy Foundation of Virginia**

434-924-8669  
500 Ray C. Hunt Drive First Floor, Charlottesville, VA 22903

The Epilepsy Foundation of Virginia provides these services for Virginians with epilepsy: training sessions for professionals, families, friends, and colleagues; public education programs with puppets for schools and talk shows on radio and television; one time

medication assistance; transportation assistance; assistance with general epilepsy-related emergencies.

### **Free to BE ADHD Coaching**

Linda Swanson, MA, ACC 703-508-4774  
Neil Swanson, MA, ACC 703-509-5377  
7180 Baldwin Ridge Road, Warrenton, VA 20187

Programs for adults, college, high school. Free initial session. Some scholarships available. These highly-trained ADHD coaches help you identify your greatest challenges and what strengths and strategies you have and can create to meet those challenges. Your coach then helps you shape your strategies into effective new habits to achieve more order and satisfaction in your life. The website below includes links to useful ADHD resources including a YouTube channel, "ADHD Hints from Free to Be Coaching".  
[www.freetobecoaching.com](http://www.freetobecoaching.com)

### **Lyme Disease Support Group**

540-347-7265  
6398 Lee Highway Access Road, Warrenton, VA 20187

This support group consists of people who suffer or know someone who suffers from Lyme Disease. They meet on the third Thursday of each month at 7:00pm at the Warrenton Church of Christ to support each other and learn about the treatment, prevention and political arena of Lyme Disease. Contact George L. Phillips for more information at [phillipsgeo@comcast.net](mailto:phillipsgeo@comcast.net)

### **National Multiple Sclerosis Society, Virginia-West Virginia Chapter**

804-353-5008 FAX: 804-353-5595  
4200 Innslake Drive, Suite 301, Glen Allen, VA 23060

The Virginia - West Virginia Chapter works to improve the quality of life for people affected by MS throughout Virginia and West Virginia, as well as three counties in northeastern North Carolina and seven counties in southeastern Kentucky, and raise funds for critical MS research. Join the movement toward a world free of MS.

### **PKIDS (Parent of Kids with Infectious Diseases)** 877-557-5437

Information for parents who are looking for support services, counseling, referrals and information concerning their children suffering from infectious diseases.

### **The Pregnancy Centers of Central Virginia**

540-727-0400 hotline  
420 Sunset Lane, Culpeper, VA 22701

540-661-5111 hotline  
323 C North Madison Rd., Orange, VA 22960

Trained staff and volunteers provide, at no cost and completely confidentially, pregnancy tests; limited ultrasounds (for qualifying clients); education on abortion, adoption and pregnancy; maternity and infant supplies.

[www.virginiapregnancy.org](http://www.virginiapregnancy.org)

## **MEDICAL: INSURANCE**

### **ENROLL Virginia**

540-741-2447  
1301 Sam Perry Blvd., Ste 100,  
Fredericksburg, VA 22401  
<http://www.enrollva.org>

Certified Navigators (thru CMS) provide outreach, education and enrollment assistance for the Health Insurance Marketplace ("Obamacare") - during Open Enrollment (November - January) and Special Enrollment Period (February - October). We can help determine available Premium Tax Credits (PTC) and Cost Sharing Reduction (CSR) to help make health insurance affordable, and assist with insurance selection (premiums, deductible, copays/coinsurance, etc). Call for a free appointment.

## **MEDICAL: PRESCRIPTIONS**

### **Virginia Drug Card**

<http://virginiadrugcard.com>

Create and print your FREE discount prescription drug coupon. This pharmacy coupon card will provide you with Rx medication savings of up to 75% at more than 68,000 pharmacies across the country including CVS, Giant, Martin's, Farm Fresh, Shoppers, Harris Teeter, Kmart, Target, Safeway, Walgreens, Walmart and many more.

## **MEDICAL: SPECIALIZED EQUIPMENT**

### **Foothills Housing Corp.**

540-341-2805  
251 Lee Hwy #7, Warrenton, VA 20186

Income eligibility requirements apply. Aluminum, ADA-approved, temporary ramps are available for handicapped residents.

### **Lions Club**

540-948-6760

Assists with glasses and hearing aids.

### **Medicaid (See separate section)**

Medicaid will sometimes pay for wheelchairs and other necessary equipment for Medicaid-qualified low-income patients. Contact Madison Department of Social Services to see about eligibility.



**Roberts Home Medical**

434-973-7847 FAX: 434-973-8436  
1180 Seminole Trail, #180, Charlottesville, VA 22901

540-341-4110  
6418 Old Meetze Road, Warrenton, VA 20187

Roberts Home Medical is a regional supplier of home medical equipment and health aids, such as wheelchairs, home oxygen, walkers, hospital beds and respiratory equipment. A nationally-accredited durable medical equipment company, Roberts Home Medical employees work with patients and their insurance companies to ensure maximum coverage is received.  
[www.robertshomemedical.com](http://www.robertshomemedical.com)

**Simple Comforts Home Medical**

540-341-7135  
41 W. Lee Highway, #61, Warrenton, VA 20186

This home medical store in Giant shopping center supplies a wide variety of products including wheelchairs, transport chairs, walkers, canes, compression garments, bath safety equipment, grab bars, therapy wraps, orthopedic braces and supports, pillows/wedges, magnifiers and more. Weekly & monthly mobility rentals. Private pay only.  
[www.simplecomforts.com](http://www.simplecomforts.com)

**Division of Rehabilitative Services (DRS), Virginia Department for Aging and Rehabilitative Services**

540-829-7360  
1300 Sunset Lane Suite 3120, Culpeper, VA 22701

Assistive Technology Services directly assist individuals with disabilities in the selection, acquisition, or use of an assistive technology device. An assistive technology device is defined as any item, piece of equipment, or product system whether acquired commercially off the shelf, modified or customized, that is used to increase, maintain, or improve functional capabilities of individuals with disabilities.  
[www.vadars.org](http://www.vadars.org)

**MONEY, FINANCIAL ASSISTANCE AND TAXES****Community Touch**

540-439-9300  
Emergency assistance for the truly needy.

**Consumer Credit Counseling Services**

800-431-8157

Every counseling office in the CCCS network offers a common set of services, including financial education, budgeting assistance, and Debt Management Plans.

**Family Financial Management Education****Virginia Cooperative Extension**

540-948-6881 Fax: 540-948-6883  
P.O. Box 10 2nd Floor, War Memorial Building

Madison, VA 22727

The Virginia Cooperative Extension offers family financial management, housing and consumer education programs.

**Financial Skills Workshop****Skyline Community Action Partnership**

540-948-2237 x230  
532 South Main Street, Madison, VA 22727

Workshop to help you learn how to reduce your "waste" line.

**Madison Department of Social Services**

540-948-5521 FAX: 540-948-3762  
101 S. Main Street, Madison, VA 22727

See separate MCDSS entry for details.

**First Call for Help Piedmont United Way**

540-825-7569 or 211  
118 East Piedmont Street, Culpeper, VA 22701

A no-charge source for referrals to information and resources for Madison and other citizens.

**Protective Money Management Program**

540-825-3100  
Rappahannock Rapidan Community Services

This is a program for people of all ages who receive SSA, SSDI or SSI who have difficulty managing their financial affairs. This program trains and supervises volunteers who help clients establish budgets, pay bills and ensure their financial stability. There is a \$25 fee per month for this service and it is for people in Fauquier, Culpeper, Rappahannock, Orange and Madison counties. This service will be provided upon availability of volunteers and we are always looking for new people to help with this incredibly gratifying volunteer opportunity.

**Social Security Administration**

877-531-4694  
1014 South Main Street, Culpeper, VA 22701

This local office of the federal Social Security Administration is there to answer questions and help resolve problems concerning Social Security and the benefits available to people who are retired, people who are disabled, survivors of workers who have died and dependents of Social Security beneficiaries.  
[www.socialsecurity.gov](http://www.socialsecurity.gov)

## **REENTRY – EX OFFENDER ASSISTANCE**

### **Phoenix House**

844-342-5

521 N Quincy St., Arlington, VA 22203

[www.phoenixhouse.org](http://www.phoenixhouse.org)

Our Re-Entry program offers a supportive, structured living environment for adult men who have completed substance abuse treatment and are now moving back into the community and returning to work. Residents of this innovative, nationally-accredited program work during the day and attend program activities in the evening as they begin to assume full responsibility for their recovery from drugs and/or alcohol. Our counselors and clinicians use a cognitive-behavioral, 12-step approach, including medication management and medication-assisted treatment, to address a wide range of substance abuse and co-occurring mental health problems.

Most major insurance plans and all major credit cards are accepted.

### **Virginia Cares**

540-376-3380

5620 Southpointe Centre Blvd., Fredericksburg, VA 22407

Leaving jail or prison can be as hard as living in one. Virginia CARES provides programs to get ex-offenders back on their feet. Services include: emergency food and clothing, transportation assistance, assistance with obtaining IDs, employment search assistance, support network of counselors and peers and restoration of rights assistance.

## **SUBSTANCE ABUSE**

### **Support Groups**

#### **Alanon/Alateen**

888-425-2666

[www.al-anon.alateen.org](http://www.al-anon.alateen.org)

At Al-Anon Family Group meetings, the friends and family members of problem drinkers share their experiences and learn how to apply the principles of the Al Anon program to their individual situations. Younger family members and friends attend Alateen meetings.

#### **Alcoholics Anonymous**

434-296-6565

<https://jeffersonfob.wordpress.com/>

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

### **Come As You Are (CAYA)**

[www.cayacoalition.org](http://www.cayacoalition.org)

“Come As You Are” is a coalition for anyone affected by substance abuse. We are an inclusive community free from judgement. We connect people to helpful resources, available treatments and support groups. We raise community awareness on substance abuse through local prevention programs in Fauquier and Culpeper.

### **Families Overcoming Drug Addiction (FODA)**

540-316-9221

[MyFODAFamily@gmail.com](mailto:MyFODAFamily@gmail.com)

Culpeper Chapter meets 4th Tuesday of the month from 6:30pm—8:00pm at the Culpeper Regional Hospital. Meetings are held in the “Medical Staff Room”.

### **Piedmont Area of Narcotics Anonymous**

800-777-1515

[www.piedmontvana.org](http://www.piedmontvana.org)

Narcotics Anonymous is a non-profit fellowship of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. Our fellowship is concerned with the disease of addiction and recovery from that disease; the drug (or drugs) of choice is unimportant.

### **Treatment Facilities**

#### **Addiction Recovery Systems**

434-220-0080

103 S. Pantops Drive, Suite 102 Charlottesville, VA 22911

Addiction Recovery Systems (ARS) is an organization specializing in the treatment of drug and alcohol dependence through the combination of outpatient treatment, group and individual counseling and, when appropriate, medication assisted treatment.

#### **American Addiction Centers**

703-403-1675

[www.americanaddictioncenters.org](http://www.americanaddictioncenters.org)

AAC offers a full spectrum of treatment services, based upon individual needs as assessed through comprehensive evaluations at admission and throughout your participation in the program. We provided: Medical Detox, Residential Treatment, Partial Hospitalization, Intensive Outpatient Program, Outpatient Program.

#### **Boxwood Recovery Center**

#### **Rappahannock-Rapidan Community Services**

540-825-3100

Boxwood Recovery Center is a 28-day residential alcohol and other drug treatment program. The referring CSB may request a variable length of stay from 2 weeks to 60 days. Treatment at Boxwood involves individual, family, and group counseling, educational films, lectures and relapse prevention.

**Bridging the Gaps, Inc.**

866-711-1234

423 West Cork Street, Winchester, VA 22601

BTG provides treatment for substance use disorders by integrating traditional modalities of psycho-social-spiritual treatment with complementary approaches oriented towards physiological healing and wellbeing. BTG combines treatment approaches that incorporate healing of the whole person – mind, body, and spirit. BTG is a phase based treatment program consisting of 3 core phases and an extended 4th phase in addition to partial hospitalization, intensive outpatient and continuing care.

**Edgehill Recovery Retreat Center**

540-662-8865 FAX: 540-545-7975

315 East Cork Street, Winchester, VA 22601

[www.edgehillrecovery.org](http://www.edgehillrecovery.org)

At Edgehill, we believe chemical dependency is a progressive disease affecting a person's mind, body, and spirit. We believe each client and family possess a unique combination of strengths and weaknesses. Therefore, the most effective recovery approach is individualized. Their recovery is based upon intensive daily meetings, groups, lectures and 12-Step meetings that result in the utilization of the client's strengths to work toward the goal of abstinence.

**Elim Home**

434-592-8629 FAX:434-582-3872

PO Box 69, Madison Heights, VA 24572

[www.elimhome.org](http://www.elimhome.org)

Our residential program, located in the foothills of the Blue Ridge mountains, runs for a total of eight weeks. The primary objective for each resident is spiritual regeneration resulting in permanent sobriety. We believe that only upon developing an intimate relationship with Jesus Christ can a man be liberated from his dependency, so our program is designed for men who desire sobriety but have made unsuccessful attempts. At Elim Home we build upon the principle in 2 Corinthians 5:17, "Therefore, if any man be in Christ, he is a new creature; old things are passed away; behold, all things are become new." We offer spiritual recovery by means of regular Bible readings, group meetings, group and individual counseling, Scripture memorization and public worship services at Thomas Road Baptist Church

**Family Focus**

540-349-4537

170 W. Shirley Ave, Ste 206, Warrenton, VA 20186

[www.familyfocusva.com](http://www.familyfocusva.com)

Get your life back on track with substance abuse services from Family Focus Counseling Services P.C. in Warrenton, Virginia. Our outpatient program is designed to provide immediate and, when necessary, intensive services to the client and his/her family. The goal is to provide quality treatment that is effective, more convenient, and less costly than inpatient hospitalization.

**Harrison House of Virginia**

888-682-1667

5105 Q Backlick Rd., Annandale, VA 22003

Harrison House of Virginia is an Drug and Alcohol Rehabilitation Center for Adult men and women learning to live with disease of chemical dependency.

Very simply, our goal is to make available the finest, most efficient, comfortable and complete rehabilitation possible using all the latest and thoroughly proven treatment tools.

**Human Resources, Inc.**

804-644-4636 FAX: 804-648-4301

15 W. Cary Street, Richmond, VA 23220

<http://hricorp.org>

HRI provides a comprehensive network of treatment services to individuals, 18 years and older, impacted by drug and alcohol abuse. We offer both residential and outpatient services, including the following: Methadone Maintenance (Outpatient), Methadone Detox (Outpatient), Buprenorphine Detox (Residential) – Residential Therapeutic Care, Individual Counseling, Group Counseling, Psychiatric Evaluations, Physical Examinations, HIV Pre/Post Testing & Counseling, Education & Support Services for Families, Assessments & Referrals.

**Phoenix House**

888-671-9392

Arlington, VA

[www.phoenixhouse.org](http://www.phoenixhouse.org)

Our treatment facilities, located in Virginia, also serve clients from Maryland, Washington, D.C., Delaware, West Virginia, Pennsylvania, and North Carolina.

Our nationally accredited programs provide outstanding residential, transitional, and outpatient treatment with gender-specific programs available for both adults and adolescents. A Spanish-speaking men's residential program is also available. Our counselors, physicians, and psychiatric staff use a 12-step approach to address a wide range of substance abuse and co-occurring mental health problems, and

our treatment regimen includes medication management and medication-assisted treatment as appropriate. Our active assessment center provides comprehensive evaluations of substance abuse, addiction, and related mental health problems in order to identify the most appropriate treatment for each client. Family involvement is encouraged in the treatment process, and treatment length for most programs is determined by individual need. Most major insurance plans and all major credit cards are accepted.

**Region Ten Substance Abuse Diversion Program**  
434-972-1800

SA Diversion program ensures that individuals are served in the least restrictive community setting that can meet their treatment and safety needs. Diversion program prevents whenever possible, admissions of individuals with a primary substance use disorder to state psychiatric facilities.

**Snowden**  
540-741-3900  
1200 Sam Perry Boulevard, Fredericksburg, VA  
22401

We treat substance abuse through an adult intensive outpatient treatment plan.

**Virginia Alcohol Safety Action Program (VASAP)**  
District 9 ASAP  
540-829-7939 FAX: 540-829-7495  
1300 Sunset Lane, Suite 3110 Culpeper, VA 22701

Virginia Alcohol Safety Action Program (VASAP) improves highway safety by decreasing the incidence of driving under the influence of alcohol and other drugs. VASAP has developed many educational programs designed to improve highway safety.

## **TRANSPORTATION**

**Amtrak**  
800-872-7245  
Amtrak provides passenger rail service in Culpeper.

**Foothills Area One-Call Center**  
540-829-5300

One number can help you find a ride. The Foothills one-call number can help you get information about all available types of transportation, find out when and where trolleys and buses drop off and pick up, get assistance scheduling trips and you can have someone ride with you to help you feel more comfortable. All services are available at NO CHARGE. One-call center open for phone calls Monday through Friday from 8:30am to 4:30pm. Services Available: Virginia Regional Transit in Culpeper, Orange and Fauquier; RSVP-Volunteer Transportation, Care-A-VA-Handicapped Accessible

Volunteer Transportation, Foothills Express-Links Culpeper, Madison and Charlottesville, Logisticare-Medicaid, Taxi Services, Medical Transport, American Cancer Society Road to recover, Ride Share/Commuter Transportation, Rappahannock Rapidan Community Services Programs, and Foothills Area One-Call Center. Interested in volunteering? Help others by becoming a volunteer driver. You'll provide a valuable community service, make new friends and see new places.

**Rappahannock Rapidan Community Services Care A Van Program**  
540-828-3100 ext. 3358

Volunteer transportation program available to those 60 or better or anyone who is disabled for medical and legal visits. Please give at least 48 business hours for rides needed. Transportation will be provided upon availability of volunteers. There will be no charge for this service however donations are greatly appreciated go directly back into the program. Also, if you would like to volunteer for this program or any others please contact Judy Seale or Lola Walker, we are always in need of people to help us to help others.

## **VETERANS SERVICES**

**Veterans Services: Virginia**  
**Virginia Department of Veterans Services**  
434-295-2782 FAX: 434-295-1629  
Virginia Workforce Center  
2211 Hydraulic Road, Charlottesville, VA 22901

Office Hours are Monday – Friday 8:00am – 4:30pm

**Virginia Veteran and Family Support (Formerly the Virginia Wounded Warriors Program)**  
877-285-1299  
900 East Main Street, 6th Floor-West Wing,  
Richmond, VA 23219

The Virginia Veteran and Family Support Program (VVFS) is wellness focused and incorporates the family unit. VVFS monitors and coordinates behavioral health, rehabilitative, and support services through an integrated, comprehensive and responsive system of public and private partnerships. VWWP facilitates these services for Virginia veterans, members of the Virginia National Guard and Armed Forces Reserves (not in federal service), and their families.

## Veterans Care Centers

The Virginia Department of Veterans Services (DVS) State Veterans Homes provide affordable, long-term nursing care for Virginia's veterans. Conveniently located in two locations, Richmond and Roanoke, each first-class facility is designed to enhance quality of life with a clean, caring and dignified setting appropriate for those men and women who have served our country with honor.

### Sitter & Barfoot Veterans Care Center

804-371-8000  
1601 Broad Rock Blvd., Richmond, VA 23224

### Virginia Veterans Care Center

540-982-2860 ext. 4107  
4550 Shenandoah Avenue, Roanoke, VA 24017

### Veterans Education Training & Employment (VETE)

(804) 786-0286

The Veterans Education Training and Employment (VETE) directorate of the Virginia Department of Veteran's Services ensures that every Veteran or eligible person has a full and fair opportunity to reach his or her fullest potential through access to the G.I. Bill approved post-secondary educational, training/licensure/certification, entrepreneurial institutions, V3 certified employers and Virginia Colleges and Universities. Currently, more than 1000 institutions with various programs are approved in Virginia.

## U.S. Veterans Administration: Federal Programs & Benefits

Bereavement Counseling.....	202-461-6530
Civilian Health & Medical Program .....	800-733-8387
Education.....	888-442-4551
Federal Recovery Coordination Program .....	877-732-4456
Foreign Medical Program.....	888-820-1756
Headstones & Markers .....	800-697-6947
Healthcare.....	877-222-8387
Homeless Veterans.....	877-222-8387
Home Loans.....	877-827-3702
Life Insurance.....	800-669-8477
National Cemetery Scheduling Office .....	800-535-8255
National Suicide Prevention Lifeline.....	800-273-8255
Pension Management Center.....	877-294-6380
Presidential Memorial Certificate Program .....	202-565-4964
Special Health Issues .....	800-749-8387
Spina Bifida/Children of Women Vietnam Veterans .....	888-820-1756
Telecommunication Device for The Deaf (TDD) .....	800-829-4833
VA Benefits .....	800-827-1000
Women Veterans .....	202-461-1070

## Wounded Warrior Project

877-832-6997  
4899 Belfort Road, Suite 300, Jacksonville, FL 32256

Wounded Warrior Project® (WWP) serves veterans and service members who incurred a physical or mental injury, illness, or wound, co-incident to their military service on or after September 11, 2001 and their families. On that date, America watched in horror as approximately 3,000 people died including hundreds of firefighters and rescue workers. Many warriors note a sense of duty to volunteer for the military following these tragic events.

Sept. 11 also served as a stimulus for Operations Iraqi Freedom, Enduring Freedom, and New Dawn.

Operation Iraqi Freedom refers to military operations in Iraq that began March 19, 2003 and officially ended August 31, 2010. Operation Enduring Freedom refers to combat operations in Afghanistan and other regions in support of the Global War on Terror. Operation New Dawn refers to the conclusion of operations in Iraq beginning September 1, 2010 and ending December 15, 2011.

For WWP, there is a distinct difference between members and alumni; the term alumni indicates a mutual shared experience and denotes your place in an organization was earned. There are no dues here - those were paid by wearing the uniform and on the battlefield.





## *Health & Rehabilitation and Senior Living*



*Fred Wease, Senior Living resident and volunteer, enjoys a visit with his daughter and great grandchildren.*

“My recovery with Dogwood Village has been amazing. I was too weak to walk following my hospital stay and have since fully recovered and enjoying life in the Senior Living facility.”

-Fred Wease



120 Dogwood Lane  
Orange, Virginia 22960  
Ph: (540) 672-2611  
Fx: (540) 672-3187  
[dogwoodvillageocva.org](http://dogwoodvillageocva.org)



*“Tradition of Excellence”*